

TRAINALTER Final Report

Study on the identification of specific competences for seafarers on ships using alternative fuels and energy systems

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Executive Summary

The maritime industry is undergoing a technology transition towards decarbonised shipping. To achieve the ambitious goals of reducing emissions from ships, several potential alternative fuels and energy systems have been identified for shipping. One of the main challenges that the technology transition entails is the additional training that seafarers on board ships using alternative fuels and systems need to undergo to ensure the safe and efficient operation and maintenance of these ships. The existing training and competence standards in the STCW Code do not specifically cover all aspects of the new fuels/fuel systems being adopted; these include:

- 1. Liquid Natural Gas
- 2. Biofuels
- 3. Methyl/ethyl alcohols (limited to methanol)
- 4. Hybrid electrical battery systems
- 5. Fuel cells
- 6. Ammonia
- 7. Hydrogen

This report presents the result of a two-parts study which aimed to:

Part A: Identify and describe specific competences and training areas in terms of knowledge, understanding and proficiency for seafarers to ensure safe operations of ships using alternative fuels and energy systems.

Part B: Identify and justify methods for demonstrating competence and descriptions of training programmes and syllabus for seafarers and instructors.

Part A – Identifying new competences

Part A is set within the framework of the *International Convention on Standards of Training, Certification and Watchkeeping for Seafarers* which establishes minimum qualification standards for seafarers. The STCW Code outlines minimum required competences for seafarers in a set of competence tables. These contain an overall

KUP elements specify what is required of a seafarer within a competence. These competences are then categorised within the function of the seafarer, i.e. their rank (master vs. rating) and task onboard (engineer vs. deck).

Part A aimed to identify and substantiate competences and KUP elements in the style of the STCW Code tables for the fuels/energy systems. This was achieved through a state-of-the-art review and by discussions in a series of workshops with subject matter experts with the goal of producing STCW-style competence tables based on onboard functions and substantiated with KUPs.

Firstly, a state-of-the-art review was conducted to describe the current training of seafarers on the use of alternative fuels and energy systems within the scope, as well as to create an overview of topics for potential competences. These were identified from relevant studies, rules, standards, guidance, and recommendations and, in addition, by interviews with subject matter experts. The state-of-the-art review was considered fundamental for identifying and substantiating competences.

According to the interviewed experts, the current situation as regards training programmes for seafarers on alternative fuel technologies is a classic causality dilemma, where training providers are waiting for regulators to define the training requirements, and regulators are waiting for training providers to specify their plan to indicate an appropriate curriculum. This makes it difficult for shipping companies to justify the investment in training programmes and for training centres to develop programmes and invest in equipment. As a result, the maritime industry is moving slowly, while awaits a STCW update to specify training requirements for emerging alternative fuels.

In addition, the results of the state-of-the-art review show that there is wide range of maturity levels concerning existing training and competence requirements for the different fuels and fuel systems, with, LNG, for example, being quite mature, while hydrogen is less mature. Biofuels offer the least amount of additional competence needs due to their similarity with conventional fuels, although biofuels do exhibit different characteristics in terms of operation. Methyl/Ethyl alcohols are slightly more mature in showcasing their competence needs, as is evident by the existing IMO's interim guidelines for the safety of ships using methyl/ethyl alcohol as fuel, which refer to the IGF Code's competences outlined in the STCW Code. However, these competences must take into account the nature of methyl/ethyl alcohols as fuel, and the focus lies heavily on methanol. In contrast to other fuels, batteries serve as a relatively static and fixed energy source rather than a traditional fuel. Despite the widespread adoption of battery systems in the maritime industry, there remains a scarcity of knowledge and competence related to emergency procedures for handling, while suppliers provide training to crew members on the technical aspects of operation, emphases minimal crew interaction and leave maintenance to specialised teams. As for fuel cells, including SOFCs, PEMFC and HT-PEMFCs, these are approached as being their own system disregarding the surrounding fuel system. References on competence requirements for crew on the fuel cell itself is limited and training seems to be provided by technology suppliers on the technical operation. The general approach is to have the crew interact as little as possible with the fuel cell and leave maintenance to a specialised team. Competence and knowledge considering ammonia as a fuel is very scarce. Although ammonia has been transported as a commodity on board ships for decades, no specific regulation currently exists considering it as fuel, while ammonia fuel systems are still being developed for vessels. The fact that no ship is currently using ammonia for propulsion purposes is a serious problem to identify and define relevant competences, since the reference systems to create competence from are unavailable. The general approach of existing documentation is that they consider toxicity of ammonia and how the substance is carried as a cargo, and not as a fuel onboard. Hydrogen is still developing in the maritime industry, and this is reflected in the available documentation. Competence addressing hydrogen should consider the flammability and explosiveness of hydrogen, as well as the difficulties of its containment.

Moreover, the state-of-the-art review showed that there are currently several training providers offering generic training towards alternative fuel technologies. However, this training is not very specific due to the lack of detailed regulations in the STCW Code on emerging alternative fuel technologies. Training is often targeted to decisionmakers in shipping companies and customised for specific projects as short courses, e.g. on ammonia and on methanol. These are designed for shore-based staff that need to stay informed on these fuels. The courses are open to seafarers but are not valid for certification. Furthermore, training on engine technology and onboard systems are provided by manufacturers (e.g. Wärtsilä or MAN) to the shipowners and seafarers of the companies that purchase their engines or fuel cells. Such training is specific on the ship equipment and fuel technology used. From the ship owner's perspective, the challenge of acquiring new vessels powered by alternative fuels lies in the lack of expertise within the main office staff to understand these fuels, which is addressed in different ways but often by hiring superintendents with gas tanker experience.

In addition to all the topics for potential competences identified through the state-of-the-art review, it also allowed for recognising cyber security as an area of potential competence needs. The study provided the description of several potential competence topics. Cyber security considerations and cyber risk management will become even more important as alternative fuel systems develop. It is widely known and proven that cyber security incidents may have physical safety consequences, which is also a reason it is considered both by IMO and other institutions. The relevant study findings were referred on a general basis and cyber risks and potential competence topics were described relevant for all fuels and computer-based systems and not for each fuel or system specifically.

Secondly, a series of workshops, building on the findings stemming from the state-of-the-art review, were held to identify and substantiate competences, in the same vein as the STCW code tables. This was conducted via a riskbased approach, where hazards introduced by the new fuels were linked to potential new competence requirements to mitigate the hazards. In addition, the format of the identified competence description presented in the study includes reference to the seafarer onboard capacities concerned (master, chief engineer, etc.) as well as to the functions involved, those being the same functions used by the STCW Code to structure the standards of competence. The aim of this format is to provide some flexibility if the identified competences were to be assigned and integrated in the STCW Code, either in a table of a standard of competence for a certificate of competence or certificate of proficiency in chapters II or III of the STCW Code for the deck and engine departments, or as part of a proposed standard of competence under chapter V of the Code on special training requirements that might be required for a certificate of proficiency concerning the alternative fuel or energy system.

The results of the workshops allowed new competences to be identified and considered whether obsolete competences or KUPs in the current STCW Code exist. During the study, it was generally found that none of the already existing KUP elements of STCW Code could be considered as wholly obsolete. The reasons for this are twofold. Firstly, most alternative fuels are not yet fully implemented in the maritime industry, and it will take time before obsolete competences can truly be considered. Secondly, when operating on alternative fuels, it still might be required with redundant fuel systems or back-up conventional fuel systems.

Competences, their justification, the associated hazards and risk potential, and related KUP elements were described in detail in tabular form as well as outlined in a competence catalogue for reference.

Per each analysed alternative fuel, a considerable number of competences were identified. As regards biofuels, it should be noted that the term is used for many types of different fuels with different properties. Some biofuels are identical to conventional fuels and can be treated in the same way, while, for instance, bio-methanol is chemically identical to methanol produced via fossil energy. Therefore, because it is expected to pose the same risks and hazards, the relevant competences are detailed under the section dedicated to methanol. Other biofuels exhibit similar characteristics to conventional fuels as well, while some being gaseous under normal conditions, exhibit similarities with LPG fuels, and other share similarities with conventional marine distillates concerning hazardous properties. However, the study highlighted the importance for seafarers to know the specific differences. Long-term experiences using biofuels as fuel in the maritime domain are limited and this uncertainty should also be considered. Depending on the fuel used and the engine operated, there are indications of both increased and decreased maintenance needs. In addition, biofuels have different fuel power production capabilities and different effects on emissions, which can affect voyage planning and officers should be aware of. Moreover, storage, connections and their cleaning, fuel preparation, safe bunkering operations and proper engine monitoring and operation within the regulatory requirements were competences identified for the use of Biofuels.

Concerning methanol, the study was limited to its usage on ships equipped with a propulsion plant based on an internal combustion engine and the surrounding fuel system. The competences identified as necessary to all officers and ratings alike were those addressing general knowledge and understanding of this fuel, as well as the associated risks and hazards, and the proper use of personal protection equipment. In addition, competences needed for deck officers, engineer officers and engine ratings included those relating to bunkering and storage operations, which as safety-critical operations, the ability of the crew to conduct safe bunkering were termed as essential. Moreover, competences on operations and procedures for onboard safety systems, on emergency response and on maintenance and repairs on methanol systems, were described along with its associated risk potential and justification. Competence on tank conditioning and space ventilation operations were also identified, which require thorough knowledge of gas-freeing, inerting, purging operations and the use of the associated technology elements required on board ships using methanol as fuel. These operations are fundamental measures against known hazards.

As regards Battery-powered Hybrid Electrical Systems and Battery Energy Storage Systems, identified competences include, in addition to a general knowledge and understanding of these systems' properties, those relating to measures to reduce battery related risks, mainly addressing the effects of toxic and flammable gas generated by battery systems, as well as relating to personal protection equipment, which all seafarers need to select carefully due to the thermal, explosive and toxic properties of battery fires. Moreover, competences concerning the correct and proper maintenance procedures together with competences concerning battery fire precautions, competences on different firefighting methods, procedures are mitigation measures, were described as required for all capacities on board. Furthermore, competences on battery systems' operation, safety and security, which require a solid electrotechnical competence, and those addressing battery lifetime, chargeability, ventilation of battery spaces, were identified for deck officers, engineer officers and engine ratings.

Relating fuel cells, the identified competences addressed fuel cell power systems based on three different technologies (Solid Oxide Fuel Cell (SOFC), the Proton Exchange Membrane Fuel Cell (PEMFC) and the High Temperature Proton Exchange Membrane Fuel Cell (HT-PEMFC)) delivering electrical and/or thermal energy using LNG, biofuels, methyl/ethyl alcohols, ammonia, and hydrogen. The specific fuel cell competences were limited to the fuel cell itself, while the fuel system surrounding and feeding into the fuel cell was covered by the relevant fuel system. The different fuel cells within the scope of the study have different characteristics and properties, which also impinge on the types of competences required. Identified competences applicable to all fuel cell types include, in addition to the basic functioning of fuels cells, their applied safety concept, potential maintenance and inspection procedures, action to mitigate risks of inherent high temperatures and prevention of fuel contamination. Moreover, competences include those relating to operational limitations, control and monitoring and handling of contingencies and emergency procedures. Except the competence relating to fuel cell basic functioning, the competences were considered needed for deck officer and engineer officers, and, of those, a few also required for engine ratings.

As far as ammonia is concerned, the study identified competences specifically on ships using ammonia as marine fuel in an internal combustion engine and in relation to a surrounding fuel system. The study identified several competences needed for all functions on board, which require a considerable knowledge and understanding of ammonia as fuels, the risks associated with its use, the protection of personnel and regarding hazardous zones with a focus of toxicity and the specific bunkering and containment systems and equipment. In addition, competence in emergency responses, such as leak or spill situations and rescue of people exposed to ammonia, as well as competence in different fire-fighting operations, methods, procedures, and mitigating measures were also found necessary for all functions on board. Moreover, several competences were identified in relation to most engineering functions including those concerning specific safety systems, venting and ventilation operations, bunkering management and operation, monitoring of ammonia fuelled engines, fuel tank internal maintenance, and maintenance of ammonia systems.

As regards hydrogen as fuel, it falls under the IGF code and competence requirements can be drawn from there. Storage and containment of hydrogen has similarities with LNG. The identified competences and KUPs are therefore focused on additional competences surrounding the fuel system and storage considering both compressed and liquid hydrogen. Identified competences, which were described in direct relation to the hazards intrinsic to hydrogen as a fuel, include, in addition to those requiring knowledge of hydrogen properties and health hazards, competences concerning precautions to prevent risk of ignition, explosion and fire, management and execution of bunkering operations, hydrogen fuelled engine operation and monitoring, onboard safety procedures and response to emergencies. These competences were considered relevant to several engineering and deck functions. Moreover, a competence concerning hydrogen specific aspects related to voyage planning was found relevant to the navigation function.

The identified competences could feed into the ongoing process of the revision of the STCW Convention and Code, in particular in the revision of the STCW Code tables of competence and in particular the definition of Knowledge, Understanding and Proficiency (KUP); Methods for demonstrating competence; and Criteria for evaluating competence.

Considering the different circumstances reported in this first part it is expected that the work at the IMO will be considerable, possibly already at the stage of the design of provisional guidelines on training of seafarers on ships using alternative fuels, which has already been considered to fill the training gap before adopting any competence requirements in the STCW Code…". This way of proceeding was used for the training and competence standards for ships subject to the IGF Code; implementing a similar scheme was discussed during HTW 10.

Part B – Demonstrating and training new competences

Part B of the study focused on identifying and defining current and future methods for demonstrating competence in seafarers, learning from other industries, and proposing training programmes for both seafarers and instructors within the STCW framework. This was achieved through interviews with experts of recognised universities, engine manufacturers and production plant operators, reviewing industry best practices, and incorporating new technologies like Extended Reality, Virtual Reality, and Artificial Intelligence. The proposals for training programmes included structured training programmes for both seafarers and their instructors based on IMO Model courses and DNV standards, ensuring comprehensive and up-to-date training methods and frameworks. Various training and competence demonstration methods were analysed and proposed as part of training syllabus.

The study concluded that the methods for demonstrating competence currently defined in STCW are still applicable for alternative fuels and energy systems.

One potential new method was identified, "Approved case studies and projects", which can be relevant to transfer knowledge from e.g., pilot projects on ammonia and hydrogen as fuel. Providing real-world examples through case studies creates robust practical insight. In addition, e-learning offers flexible and accessible online education, highly applicable to training on alternative fuels. Moreover, VR/AR technologies create immersive and interactive learning experience through various interfaces, such as head mounted displays (HMD), or through computer screens. These virtual environments can simulate real world environments with a high level of fidelity. In contrast to conventional full-mission simulators, VR training offer certain valuable advantages: the instructor and trainees do not need to be in the same room when doing VR training, and applications could include the use of VR technology on board for ship specific training (e.g., standard operating procedures), as well as distributed learning, where the instructor was located in another city than the trainee. However, VR only approximates real-life scenarios and may not fully replicate the practical experience needed for certain competences. Most VR applications designed for oneon-one training limit collaborative training opportunities and can require one instructor per student. In fully immersive VR, users often rely on hand controllers that do not accurately replicate the tactile experience of operating real-life instruments, potentially hindering the development of psychomotor skills. Additionally, VR environments with multiple users in different physical locations are highly dependent on low latency and stable connectivity; poor connectivity can adversely affect training. Therefore, experts recommended that VR should be carefully considered and, if used, it should be always combined with other methods for demonstrating competence.

As a practical example of the above considerations, the proposed methods for demonstrating competence were suggested as part of the proposed course on ammonia as fuel:

Interactive learning Use of e-learning, extended reality etc. to provide interactive and immersive learning experiences by real-life simulation

The maritime industry can leverage extensive training experiences from the onshore industry, which possesses considerable expertise in the production, storage, and transfer of substances and chemicals. Nevertheless, it is important to emphasise the differences in operational environment for ship and shore industries when considering the transfer of onshore training to maritime. The study conducted an analysis of the training provided for personnel of an ammonia production plant with the objective of obtaining key points that could be used for training of seafarers on ships using ammonia as fuel. In this respect, the study concluded that seafarers should undergo a comprehensive training that maps out the necessary competences for different roles on board aligned to specific tasks/safety critical operations, in order to ensure that personnel only perform duties for which they are qualified in the maritime industry. In addition, developing competence matrices to ensure seafarers are well-versed in theoretical and practical aspects of handling alternative fuels, as well as training focused on standard operating procedures and the practice of pairing less experienced seafarers with certified mentors and emphasizing experience-based learning could be directly to seafarers' training.

The study also addressed the development of a structured training of seafarers on ships using alternative fuels through an example of training course for ammonia as a fuel. The course syllabus is shown below:

Additionally, in consideration of the current shortage of qualified instructors, the report looked also into train-thetrainer courses.

The proposed train-the-trainer course on ammonia as fuel covers the following subject areas:

The overall objective of this study was to identify and describe specific competences and training areas in terms of knowledge, understanding, and proficiency for seafarers for selected alternative fuels and energy systems for propulsion and auxiliary power generation, to ensure safe operations of ships. The report identifies the different competences, which could be used at IMO level in support of the ongoing discussions for the revision of the STCW Convention and Code.

The methods to demonstrate competence currently defined in the STCW Code are considered still applicable for alternative fuels and energy systems. Still, one potential new method is identified, "Approved case studies and projects", which can be relevant to transfer knowledge from e.g., pilot projects on ammonia and hydrogen as fuel: real-world examples through case studies create practical insight, e-learning offers flexible and accessible online education and VR/AR technologies create immersive and interactive learning experience.

Although the study can be considered very comprehensive, the results are not aimed at being definitive. They are intended to serve as a basis for the discussions at the IMO on this subject.

1. Introduction

1.1 Background

The maritime industry is undergoing a technology transition towards decarbonised shipping. To achieve the ambitious goals of reducing emissions from ships, several potential alternative fuels have been identified for shipping, such as biofuels, methanol, ammonia, and hydrogen, as well as alternative energy systems, such as fuel cells. These alternative fuels and energy systems offer improved safety and performance in some areas but also pose new challenges for the environmental, technical, and safety performance of ships, depending on their production methods, availability, suitability, and cost. The use of alternative fuels and systems requires a change in ship operations and a revision of the regulatory framework for shipping. The International Maritime Organization (IMO) and the European Union (EU) have adopted and developed several strategies and regulations to promote and regulate the use of alternative fuels in maritime transport, setting minimum safety standards and requirements for ships using these fuels. in maritime transport. Classification societies have also issued rules and guidelines for using alternative fuels and systems, as well as for the approval of alternative designs.

One of the main challenges that the technology transition entails is the additional training that seafarers on vessels with alternative fuels and systems need to undergo, to ensure the safe and efficient operation and maintenance of these vessels. The existing training and competence standards in the Standards of Training, Certification and Watchkeeping (STCW) Convention and Code do not cover all the specific aspects regarding knowledge, understanding and proficiency (KUP) that seafarers on ships using alternative fuels and systems should have. Therefore, a need for interim guidelines and new standards is necessary to address this gap. The provision of such training also poses practical challenges, such as the shortage of experienced seafarers and instructors, and the current scarcity of ships operating on alternative fuels. Seafarers need to be trained in the appropriate competences to be able to safely operate alternative fuelled vessels.

Figure 1-1 Report structure

1.1.1 Scope & Objectives

The overall objective of this study was to identify and describe specific competences and training areas in terms of knowledge, understanding, and proficiency for seafarers. This, is to ensure safe operations of ships using the following alternative fuels and energy systems for propulsion and auxiliary power generation:

Biofuels used in internal combustion engines, such as: bio-methanol, Fisher Tropsch (FT) diesel, biomethane from digestion of waste and residues, dimethyl ether (DME), fatty acid methyl esters (FAME) from fat, oil, or

grease feedstocks (FOGs) and from vegetable oils, biomethane from gasification, and hydrotreated vegetable oil (HVO) from FOGs.

- Battery-powered hybrid-electric systems, including the safe operation, maintenance and emergency management of ships equipped with Battery Energy Storage Systems (BESS).
- Methyl/ethyl alcohols used in internal combustion engines; this study will limit itself to methanol as this has the most industry interest.
- Ammonia and hydrogen in internal combustion engines.
- Fuel cell power systems based on Solid Oxide Fuel Cell (SOFC), the Proton Exchange Membrane Fuel Cell (PEMFC) and the High-Temperature Proton Exchange Membrane Fuel Cell (HT-PEMFC) for delivery of electrical and/or thermal energy using LNG, biofuels, methyl/ethyl alcohols, ammonia, and hydrogen.

This limits the scope to the following fuels and energy systems combinations, as shown in **Error! Reference s ource not found.**.

1.1.2 Specific objectives

This study focuses on the following specific objectives:

- 1. Identification of new competences for seafarers and their description in terms of knowledge, understanding and proficiency (KUP) elements, as well as the description of additional KUPs in competences already existing in the STCW Code, relevant to the safe operation of ships using the following alternative fuels and energy systems.
- 2. Identification of competence areas and their description in terms of KUP elements relevant to the safe operation of ships using ammonia and hydrogen as fuel in internal combustion engines as far as this is possible, having regard to the available scientific and technical knowledge and experience, as well as to the incomplete technical regulatory framework.
- 3. Identification of competences and KUP items required for engineer officers and other personnel of the engine department, as specified in the minimum standards of competence specified in the STCW Code, that may need to be updated, upgraded and/or amended, as well as those that can be considered obsolete or not relevant to the safe operation of ships using alternative fuels and energy systems.
- 4. Identification of methods for demonstrating the identified competences related to alternative fuel and energy systems, to ensure that those competences can be achieved by trainees as efficiently and effectively as possible, with particular attention to in-service experience other than on-board training, and the use of simulators, with the aim of contributing to offsetting the possible effect of the scarcity of positions available on ships using alternative fuels and energy systems as a means to gain experience.
- 5. Identification of technical areas, processes and/or systems of the alternative fuels' production, storage, transfer and transport industry ashore, which may be relevant to shipping using alternative fuels and energy systems, and specification of relevant knowledge, skills and training topics, with the aim of identifying the potential contribution of that industry to the training and experience gain of seafarers, who will serve on board ships using alternative fuels and energy systems and that may be considered equivalent to in-service training.

- 6. Description of proposals of structured training of seafarers in the safe operation of ships using alternative fuels and energy systems.
- 7. Description of proposals of training of instructors' programmes or courses for ships using alternative fuels and energy systems.

These specific objectives were addressed through Part A – Identification of Competences and Part B – Methods for Demonstrating Competence. Part B will build upon the findings of Part A by suggesting training regimes for achieving the identified competences.

Additionally, while not the specific objective of this study, cyber security will be briefly covered in Task A1 as it also demands competences that seafarers should possess. The heightened hazardous nature of most alternative fuels means that the risks associated with a successful cyber-attack are higher.

1.1.3 Tasks

The following tasks aimed to achieve the specific objectives, scope and methods are outlined below, and covered in more detail in their respective sections:

Table 1-2 Part A, outline of Tasks

1.2 Overview of the fuels and energy systems

The fuels and energy systems outlined in [Table 1-1](#page-19-1) are briefly described in this section.

1.2.1 LNG³

Liquified natural gas (LNG) is currently a widely used fuel, consisting of liquified methane held at cryogenic temperatures. Methane is a colourless and nearly odourless gas at atmospheric conditions. When LNG is released into the environment, it forms cold vapours due to the condensation of water vapour from the air. These cold LNG vapours initially sink close to the ground due to being heavier than air. LNG vapour is flammable within specific concentration limits. Ignited LNG fires burn relatively slowly, causing small overpressures in open environments. However, in confined spaces or areas with high obstacle density, higher overpressures may occur. Direct contact with cryogenic LNG can cause freezing injuries, and steel structures may become brittle upon contact.

IMO regulation covering the use of LNG as a fuel was adopted in 2015 and the industry has gained considerable experience in its use since then. Competence requirements for seafarers on vessels using LNG as a fuel have been codified into the STCW Code under the provisions for the training and qualifications of masters, officers, ratings and other personnel on ships subject to the IGF Code. It is widely considered that the competences related to LNG will serve as a foundation for handling some alternative fuels, such as hydrogen and ammonia. This is due to their shared characteristics, including cryogenic storage requirements, handling practices, and associated risks.

1.2.2 Biofuels⁴

The usage of biofuels within the maritime industry is slowly increasing. Biofuels are widely regarded as "drop-in fuels" because they closely resemble their conventional counterparts, requiring minimal modifications for use. The biofuels within the scope of this study are the following:

Bio-methanol: produced via biomass gasification followed by methanol synthesis, is chemically identical to fossil methanol or e-methanol. It can be stored like conventional fuel oil due to its liquid state at normal conditions. However, with a flashpoint of approximately 10°C, methanol is flammable and easily evaporates. It is also toxic to the central nervous system, potentially causing blindness, coma, or death if ingested. Despite these risks, methanol is already used as a marine fuel, and engine technology supporting its use is commercially available.

Fisher Tropsch (FT) diesel: produced by gasification of biomass, followed by the Fischer-Tropsch (FT) synthesis process. FT-diesel has similar properties to conventional diesel. It is considered a drop-in diesel fuel, fully compatible with existing diesel infrastructure and internal combustion engines, fuel storage, and fuel supply systems onboard ships.

Biomethane: chemically identical to methane and thereby covered in the LNG section, [1.2.1.](#page-21-1)

Dimethyl ether (DME): produced from FOGs, is a gaseous compound at atmospheric pressure and room temperature. During storage and transportation, it is typically liquefied by slightly pressurising the gas. DME is extremely flammable and displays comparable properties to liquid petroleum gas (LPG).

Fatty acid methyl esters (FAME): produced by trans esterifying fats and vegetable oils. These feedstocks can come from various sources, including plants (e.g., soy, corn, rapeseed), animal fats, or waste oils. FAME properties can vary due to the diverse feedstock options. Mainly used in blends, trials in maritime applications show satisfactory results, but FAME biofuels differ from traditional marine distillate fuels in viscosity, calorific value, acidity, and oxidation stability. However, long-term storage pose challenges as FAME can degrade quickly if exposed to high amounts of moisture.

Hydrotreated vegetable oil (HVO): produced through a hydrotreatment process, recognised as a drop-in fuel, showing favourable compatibility with onboard systems. Although the term suggests vegetable oils, HVO can be derived from various sources, including waste animal fats, algae, and cooking oils. It consists of paraffinic

³ [EMSA Guidance on LNG Bunkering](https://www.emsa.europa.eu/component/flexicontent/download/5104/3207/23.html)

⁴ [EMSA Study on Safe Bunkering of Biofuels](https://emsa.europa.eu/csn-menu/items.html?cid=14&id=5119)

hydrocarbons and can be blended with other hydrocarbon-only diesels. Compared to conventional diesel, HVO has a similar flashpoint, good cold tolerance, stability, and minimal material compatibility concerns.

Biofuels have comparable competence requirements as conventional fuels due to their similarity, but their operational differences should be covered by new competence requirements.

1.2.3 Methyl/ethyl alcohols

Methyl/ethyl alcohols consist primarily of methanol and ethanol, and both have very similar properties in terms of their use as a fuel. While there are 335 methanol-fuelled vessels in operation or on order, ethanol has a significantly lower uptake, with no reported vessels running purely on ethanol (DNV, 2024). Ethanol does see use as a blend-in fuel, especially in road transport. Due to their similar properties and the significantly larger share of methanol-fuelled vessels, competences identified for methanol will broadly apply to ethanol, although specific differences should be considered. This study will limit itself to methanol when discussing methyl/ethyl alcohols.

Methanol is identical to the earlier described bio-methanol in [1.2.2.](#page-21-2) Methanol is a colourless liquid with high combustibility. It is a popular alternative fuel due to its relatively low emissions, compliance with regulations, safe handling, and fuel flexibility. Methanol is a toxic substance that can lead to blindness, coma, or death if ingested, and its vapours can cause asphyxiation. It is highly flammable, burns invisibly at low temperatures, and can create explosive atmospheres above 11°C, especially in confined spaces.

The IMO's interim guidelines (MSC.1/Circ.1621), together with the STCW Code, outline some guidance on competence requirements for seafarers handling methyl/ethyl alcohol as fuel.

1.2.4 Battery-powered hybrid electric & BESS⁵

Battery-powered hybrid-electric systems, including Battery Energy Storage Systems (BESS), are seeing increased usage. Batteries onboard largely consist of lithium-ion batteries. Their use is mainly as a form of energy-storage in conjunction with the primary energy system.

Safety concerns related to lithium-ion batteries arise from two main factors. Firstly, the presence of a flammable and unstable electrolyte can lead to ignition and safety events. Secondly, metal electrodes within the battery can burn and release oxygen, resulting in high-temperature fires that are challenging to extinguish. These components contribute to two primary failure modes: cascading thermal runaway and the release of toxic and flammable gases.

Competence-wise, batteries are not explicitly covered by the STCW Code.

1.2.5 Fuel cells⁶

Fuel cells convert the chemical energy of a fuel, usually hydrogen, to electricity through redox reactions and the use of an oxidising agent (usually oxygen). They are produced as modules and placed in racks of multiple modules.

Fuel cells within the scope of this study encompass the following:

Solid Oxide Fuel Cell (SOFC): are high-temperature fuel cells that operate on temperatures between 500-1000°C. These high-temperatures allow for a broader range of fuel types that this FC type can use, in addition to higher efficiency and less sensitivity to fuel contamination. However, the high temperature used can itself be a safety hazard. SOFCs can use hydrogen, ammonia, LNG, methanol, and diesel. Fuels other than hydrogen are reformed within the FC.

Proton Exchange Membrane Fuel Cell (PEMFC): PEMFCs operate by combining hydrogen and oxygen to generate electricity, heat, and water. When using alternative fuel sources other than hydrogen, they must first be converted to hydrogen before being introduced to the PEMFC. The main drawbacks of the PEMFCs are a sensitivity to impurities, a complex water management system and moderate lifetime.

⁵ [EMSA Study on Electrical Energy Storage for Ships](https://www.emsa.europa.eu/component/flexicontent/download/6186/3895/23.html)

⁶ [EMSA Study on the use of Fuel Cells in Shipping](https://www.emsa.europa.eu/component/flexicontent/download/4545/2921/23.html)

High Temperature Proton Exchange Membrane Fuel Cell (HT-PEMFC): these operate at higher temperatures (200°C than PEMFCs) than PEMFCs. This is achieved by using a mineral acid electrolyte. HT-PEMFCs are thereby less sensitive to contamination and do not require a water management system.

Within this study, competences regarding fuel cells are considered for purely the fuel cell itself and not the surrounding fuel system, as those are covered in other, fuel-specific, sections.

Competences for fuel cells are not explicitly covered by the STCW Code.

1.2.6 Ammonia⁷

Ammonia, which has been widely used for over a century in fertiliser production and as a refrigerant at sea in the past, poses new safety risks when considered as a fuel in the maritime industry.

Ammonia is a colourless, highly toxic gas at atmospheric temperature and pressure. It has a pungent odour and can cause stress corrosion to steel. It is highly corrosive towards other materials, such as rubber, copper, and brass. Ammonia is flammable but has a high ignition threshold, making it considered less hazardous compared to hydrogen. Ammonia is easier to store than hydrogen, being able to be stored as a liquid at -33°C.

Due to its toxicity, high concentrations of ammonia gas can cause burns, blindness, and death. Ammonia as a fuel is not explicitly covered by the STCW Code, although it falls under the International Code of Safety for Ships Using Gases or Other Low-flashpoint Fuels (IGF) Code and can draw competence requirements from there. The industry has very little experience with ammonia-fuelled vessels, and ammonia powered main engines are currently still under development.

1.2.7 Hydrogen⁸

Hydrogen presents a promising solution for certain shipping segments, though it poses some safety challenges. The hazards related to hydrogen differ depending on the storage method, but in general it is a colourless, odourless gas that's hard to detect, can embrittle materials, and its release as a cryogenic liquid can cause severe cold burns. It disperses quickly and can accumulate in enclosed spaces, presenting a high explosion risk due to its flammability and low ignition energy. The danger is amplified in confined areas where hydrogen's high diffusivity and explosive properties are particularly hazardous. Hydrogen is either stored at extremely low temperatures (- 253°C) as liquid hydrogen, or as compressed hydrogen.

Like ammonia, as a fuel it is not explicitly covered by the STCW Code, although it falls under the IGF Code and can draw competence requirements from there. The industry has very little experience with hydrogen-fuelled vessels.

1.2.8 Cyber security

A main driver of decarbonisation is digitalisation and the increased reliance on fully digital and automated systems. As a result of this, seafarers need enhanced digital competence, including cyber security. As digitalisation advances, the cyber risk landscape for ships becomes increasingly complex. Control systems are getting more advanced and complex, and crew must understand how these systems are interconnected and affect each other, as faults can propagate through systems, causing problems which may not be described or encountered before.

The STCW Convention and Code does not specifically address cyber risks. However, the STCW points towards International Safety Management (ISM) Code and International Ship and Port Facility Security Code, seafarers need to have competence on cyber risks. Cyber risk competence in this study will be performed on a general basis for all fuels, as it will be relevant for the operation of a vessel, rather than to a specific system.

[Ammonia as a Marine Fuel Safety Handbook](https://grontskipsfartsprogram.no/wp-content/uploads/2022/03/Ammonia-as-Marine-Fuel-Safety-Handbook-Rev-01.pdf)

⁸ [Handbook for Hydrogen-Fuelled Vessels](https://www.iims.org.uk/wp-content/uploads/2021/07/Handbook_for_hydrogen-fuelled_vessels.pdf)

1.3 Definitions

It is important to note that the STCW Convention and Code does not define some key terms used in its text , and therefore in this study, such as competence, knowledge, understanding and proficiency. These definitions are thereby drawn from DNV-ST-0026⁹.

- A. *Competence* Knowledge, understanding, skills, attitude and/or behaviour in a defined area of work.
- B. *Knowledge* To remember or to reproduce based on appropriate, previously learned Information. Facts or information acquired by a person through experience or education.
- C. *Understanding* To give meaning to new situations and or new material by recollecting and using necessary present information. To give evidence of insight into certain activities. Comprehending the principles, concepts, and procedures relevant to maritime operations.
- D. *Proficiency* To use previously acquired information in new and concrete situations to solve problems that have single or best answers. Ability requiring a combination of knowledge, understanding, and skill to perform.

Competence, in this context, is divided into elements of *knowledge, understanding,* and *proficiency* (KUP)*, representing distinct cognitive levels inherent to a specific competence.* These KUP elements collectively define the competence. For example, a seafarer's competence in regulations, rules, and requirements related to methanol may be broken down into the following KUP elements:

- *Knowledge* of the applicable rules, regulations and guidance related to the use of methanol as fuel in the maritime sector
- Understanding of methanol-as-fuel regulations
- *Proficiency* in the applicable monitoring and reporting of methanol fuel use

The KUP elements define the level of cognition required. So, a seafarer may not only need to have *knowledge* of applicable rules but should also be *proficient* in reporting.

1.4 Onboard functions

Seafarers onboard perform different functions at different levels. This entails that certain competences are more necessary for certain seafarers than others. For example, a chief engineer will require different competences than a deckhand. The STCW outlines six onboard functions within the management, operational and support levels of responsibility, which are relevant to the use of alternate fuels, namely:

- Navigation NAV
- Cargo handling and stowage CHS
- Controlling the operation of the ship and care for persons on board OPS
- Marine engineering ME
- Electrical, electronic and control engineering ELC
- Maintenance and repair M&R

When identifying competences, these onboard functions were used to categorise them in terms of their role onboard. For example, a competence related to being proficient in conducting maintenance on double-walled piping would be categorised under the maintenance and repair (M&R) onboard function.

1.5 STCW code competence table

Currently, the competences seafarers need to possess to safely operate on board are drawn from STCW competence tables, which form a part of the STCW code. These lay out mandatory minimum standards and special training requirements for different ship types. As an example, section A-V/3 of the STCW code encompasses the *"Mandatory minimum requirements for the training and qualification of masters, officers, ratings and other personnel on ships subject to the IGF Code".* The tables within this section form the core of the competence requirements for IGF Code vessels. These tables are structured as shown in [Table 1-3.](#page-25-0)

⁹ DNV Standard - Competence related to the onboard use of LNG as fuel

Table 1-3 Example of IMO STCW table structure, using Table A-V/3-1 of the STCW code

In the identification of competences in this study, the structure of the STCW competence tables will be followed as closely as possible. Part A covering column 1 and 2, while Part B covers column 3 and 4. However this study's competence tables will also attempt to link competences to the STCW's onboard functions, as shown in [1.4.](#page-24-1) Additionally, this study attempts to link roles (i.e. engineer officers/ratings) to competences along with onboard functions. These competences can, therefore, be included in the STCW Code chapters II & III (mandatory minimum requirements for master, deck and engine department) or chapter V (special training requirements for personnel on certain types of ships) depending on their relevance.

2. Task A1 – State of the Art

2.1 Description **2.1.1 Objectives**

Task A1 had the following objectives:

- 1. Describe the state-of-the-art concerning current training of seafarers on the use of alternative fuels and energy systems within the scope
- 2. Create an overview of topics for potential competences from relevant studies, rules, standards, guidance, and recommendations

This task does not investigate the standard basic competences that seafarers require, regardless of the fuel type and energy/system on board. It rather focuses on the competence needs that arise from adopting a specific fuel/energy system.

2.1.2 Approach

The objectives of Task A1 were achieved through the following approach:

- 1. Prepare an interview guide to map the current state-of-the-art training for seafarers on alternative fuels
- 2. Identify relevant internal and external interview subjects
- 3. Interviews with internal and external experts according to an interview guide

Figure 2-1 - Approach 1 for Task A1

From this approach a state-of-the-art register was developed, containing:

- The relevant fuel/energy system
- The method of current training
- Relevance for crew type (i.e. engineer, deck etc.)
- Methods for demonstrating competence
- 4. Review of reference sources and material on potential new competences

Figure 2-2 - Approach 2 for Task A1

From this approach, a similar state-of-the-art register as before was developed, containing:

- The relevant fuel/energy system
- Reference to source
- Relevance for crew type (i.e. engineer, deck etc.)
- Potential new competence needs

These state-of-the-art registers could then be used to adjust and specify areas for new competences and training methods in later tasks.

2.2 Results **2.2.1 Results – Interviews**

An interview guide to map the current state-of-the-art training for seafarers for alternative fuels was developed for Task A1. The purpose of the interviews was to gather insights from industry experts regarding relevant training programmes, practices and available documentation related to alternative fuels and energy systems for seafarers.

Specifically, the training landscape for this study was explored. Current training programmes, target groups for training, course structures, methods to demonstrate competence and certification methods were explored with internal and external experts.

2.2.1.1 The Causality Dilemma

According to the interviewees, the current situation when it comes to training programmes for seafarers on alternative fuel technologies is a classic causality dilemma¹⁰: where training providers are waiting for regulators to define the training requirements, and regulators are waiting for training providers to specify their plan to indicate an appropriate curriculum.

The main challenge in providing training for seafarers is the limited number of vessels that are transitioning to alternative fuels and the lack of regulatory framework. This makes it difficult for shipping companies to justify the investment in tailored training programmes and training centres with specialised equipment. As a result, the industry is moving slowly in this area. The maritime industry is awaiting a STCW update to specify training requirements for emerging alternative fuels.

A Baseline Training Framework for Seafarers in Decarbonization is being developed by the IMO and the Maritime Just Transition Task Force to prepare seafarers and officers for the safe operation of ships which will be running on zero and near-zero emission fuels. The framework will be implemented through a programme led by the World Maritime University¹¹.

Manufacturers of the systems and engines used for alternative fuels were identified by the experts to be crucial in delivering training to seafarers, along with shipboard familiarisation by the shipowners.

2.2.1.2 IGF basic and advanced courses

STCW training for seafarers on ships subject to the IGF code, is the training and on-board experience leading to the issuance of a Certificate of Proficiency (CoP) by the Administration in line with the STCW Convention. This issuance consists of attending basic and advanced courses and obtaining onboard experience as specified in the STCW Convention. When completing this training and completing the onboard experience, the seafarers will be competent to sail on ships running on fuels subject to the IGF Code.

Basic and advanced IGF courses are developed by training institutions with reference to the IMO model course framework and must be approved by a flag state.

2.2.1.3 Generic courses being provided in alternative fuel technologies

There are several training providers offering generic training towards alternative fuel technologies. However, this training is not very specific due to the lack of detailed regulations in the STCW on emerging alternative fuel technologies.

- Lloyds Maritime Academy provides a 14-week Certificate in Alternative Fuels course which offers a close look at a range of new fuel alternatives for onboard crew, but also shoreside managers, operators and traders, but serves as a basic introduction and does not directly assist with obtaining a CoP.
- DNV Maritime Academy offers two awareness courses for alternative fuel technologies:
	- ^o **Ammonia as ship fuel.** Focus on rules and regulations, safety challenges, principles and components of typical ammonia fuel systems and ship type considerations. The course is targeted

¹⁰ Colloquially known as the "chicken or the egg problem"

¹¹ MPA Singapore - [Maritime Energy Training Facility to Deliver Competencies for Maritime Workforce to Handle New Fuels](https://www.mpa.gov.sg/docs/mpalibraries/media-releases/2024/smw-2024-media-release---metf-to-deliver-competencies-for-maritime-workforce-to-handle-new-fuels.pdf?sfvrsn=1609f5d8_1)

towards technical personnel within shipping companies, yards, and designers. However, it is also open to seafarers.

^o **Methanol as ship fuel**. The course has the same focus and target groups as the above

Training academies focus on providing training for decision-makers in shipping companies and offering customised training for specific projects. These are short courses on e.g. ammonia and methanol that are intended for shorebased staff who are not required to sail but need to stay informed on these fuels. The courses are open to seafarers. As they only provide the attendant with a certificate of attendance, the courses are not valid as a certification, as demanded by the STCW Convention.

2.2.1.4 The role of designers and ship owners

Training for engine technology and onboard systems are often provided by manufacturers like Wärtsilä or MAN to the shipowners and seafarers of the companies that purchase their engines or fuel cells. Ship owners must ensure the training of seafarers in ship-specific equipment and fuel technology by collaborating with designers and manufacturers to develop specific training programs and operation manuals, as well as onboard familiarisation programmes.

From the ship owner's perspective, the challenge of acquiring new vessels powered by alternative fuels lies in the lack of expertise within the office staff to understand these fuels. To address this gap, ship owners need to hire superintendents with gas tanker experience, which can be an additional cost to the shipowner.

TRAINALTER – FINAL REPORT Interview results table

In the table below, a summary of state-of-the-art training identified from the interviews for each fuel type is listed. These show the identified existing training, its relevance and the method for demonstrating competence it uses.

Table 2-1 Results from interviews

LNG & Biofuels		
Training	Relevance for Type of Crew	Methods for Demonstrating Competence
IMO model course - Basic Training for service on ships subject to the IGF Code	Seafarers responsible for designated safety duties associated with the care, use or emergency response to the fuel on board ships subject to the IGF Code are to hold the CoP in Basic Training. Every candidate for the CoP in basic training for service on ships subject to the IGF Code is to have completed an approved course. There are no special seagoing service or experience requirements for this level of training ¹² .	Completed at least 1 month of approved seagoing service that includes a minimum of 3 bunkering operations on board ships subject to the IGF Code, where two of the three bunkering operations may be replaced by approved simulator training on bunkering operations. Personnel holding CoPs in accordance with Regulation V/3 shall, at intervals not exceeding 5 years, undertake appropriate refresher training or be required to provide evidence of having achieved the required standard of competence within the previous 5 years.
IMO model course - Advanced Training for service on ships subject to the IGF Code	Masters, engineer officers and all personnel with immediate responsibility for the care and use of fuels and fuel systems on ships subject to the IGF Code, are to hold the CoP in Advanced Training.	Completed at least 1 month of approved seagoing service that includes a minimum of 3 bunkering operations on board ships subject to the IGF Code, where two of the three bunkering operations may be replaced by approved simulator training on bunkering operations. Personnel holding CoPs in accordance with Regulation V/3 shall, at intervals not exceeding 5 years, undertake appropriate refresher training or be required to provide evidence of having achieved the required standard of competence within the previous 5 years.
Biofuels	No specific training identified. Transitioning from oil to biofuel requires minimal extra training according to industry experts.	
Methyl/Ethyl Alcohols		
Training	Relevance for Type of Crew	Methods for Demonstrating Competence
Similar to LNG, but taking into account the Interim Guidelines to ensure competence to handle methanol hazards (MSC 1621)		
Methanol specific course by the Singapore Maritime Academy & Singapore Polytechnic ¹³	Focus on maritime personnel responsible for the designated safety duties associated with the care, use, or emergency response to the fuel on board ship. Training course focused on handling methanol as fuel for ships. Covering operational and safety protocols during methanol bunkering, including a practical firefighting component. This course is split into an advanced and basic version.	Certificate of attendance only
DNV's Methanol as a Fuel Course	Course Objective	Certificate of attendance only

¹² [Guidance on the training requirements for applicable personnel on ship subject to the IGF code](https://www.ics-shipping.org/wp-content/uploads/2020/08/guidance-on-the-training-requirements-for-applicable-personnel-on-ships-subject-to-the-igf-code.pdf)

¹³ [Basic Training for Handling of Methanol as Fuel for Maritime Personnel](https://www.sp.edu.sg/pace/courses/all-courses/course-details/basic-training-for-handling-of-methanol-as-fuel-for-maritime-personnel)

European Maritime Safety Agency **2.2.2 Results – Review**

The results of the identification of topics for potential competence needs within the scope are presented in the various tables below. As expected, more mature fuels and energy systems had more references covering potential competence needs.

2.2.2.1 LNG

LNG can be considered relatively mature when compared to, for example, hydrogen and ammonia. LNG as a fuel is covered by the IGF Code, while the competences related to LNG for seafarers are covered by the STCW Code. Specifically, the STCW Code's Table A-V/3-1. Additional competences covering LNG can go further as required. [Table 2-2](#page-32-2) shows the competence needs identified from the present literature.

Table 2-2 Identified competences from existing literature for LNG

2.2.2.2 Biofuels

Biofuels offer, arguably, the least amount of additional competence needs in comparison to conventional fuel oil, especially when it comes to safety. This is due to their similarity with conventional fuels; however, biofuels do exhibit different characteristics in terms of operation. [Table 2-3](#page-35-1) provides an overview of identified competences from existing literature.

Table 2-3 Identified competences from existing literature for biofuels

2.2.2.3 Methyl/Ethyl alcohols

Methyl/Ethyl alcohols are slightly more mature in showcasing their competence needs, as is evident by existing regulation covering this, namely the IMO's interim guidelines for the safety of ships using methyl/ethyl alcohol as fuel. These refer to the IGF Code's competences outlines in the STCW Code as shown in [2.2.2.1.](#page-32-0)

However, these competences must take into account the nature of methyl/ethyl alcohols as fuel. The focus lies heavily on methanol as a fuel. This focus is also adopted by this study.

Table 2-4 Identified competences from existing literature for Methyl/Ethyl alcohols

2.2.2.4 Battery-powered hybrid electric & BESS

In contrast to other fuels examined in this report, batteries serve as a relatively static and fixed energy source rather than a traditional fuel. Despite their widespread adoption in the maritime industry, there remains a scarcity of knowledge and competence related to emergency procedures for handling battery systems. Typically, technology suppliers provide training to crew members on the technical aspects of battery system operation, emphasising minimal crew interaction and specialised maintenance teams.

Table 2-5 Identified competences from existing literature for battery-powered hybrid electric & BESS systems

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2.2.2.5 Fuel cells

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Fuel cells, including SOFCs, PEMFC and HT-PEMFCs are approached in the sense of being their own system. References to competence requirements for crew specifically related to the operation of fuel cells are limited. Training is typically provided by technology suppliers, focusing on the technical operation of the fuel cell. The prevailing approach is to minimise crew interaction with the fuel cell, delegating maintenance tasks to specialised teams.

Table 2-6 Identified competences from existing literature for fuel cell power systems

2.2.2.6 Ammonia

Although ammonia has been transported on board ships for decades, competence and knowledge related to its use as a fuel remain scarce. There is no concrete regulation in place considering it as a fuel, and at the time of writing this report systems are still being developed for vessels to run on ammonia. However, as no ships are currently using ammonia for propulsion purposes, this creates a gap considering the unavailability of reference systems to create competences from, hence, there are a few documents considering competence. The general impression of the documentation available is that they consider the toxicity of ammonia and how the substance is carried as a cargo, but not as a fuel onboard.

Table 2-7 Identified competences from existing literature for ammonia

2.2.2.7 Hydrogen

Hydrogen is still developing in the maritime industry, and this is also reflected in the available documentation. Competence considering hydrogen should take into account the flammability and explosiveness of hydrogen. The substance is extremely versatile and not easy to contain considering the diffusion properties of hydrogen.

Table 2-8 Identified competences from existing literature for hydrogen

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2.2.2.8 Cyber security

Decarbonisation of the maritime fleet introduces more hazardous materials, increasing the risk of severe consequences in the event of system malfunctions. Crew members must understand and manage factors such as toxicity and explosiveness. This requirement extends to competencies related to digital control systems. A cyber incident in a conventional diesel-electric system may be relatively manageable compared to the dynamic and hazardous properties of substances like ammonia or hydrogen.

Cyber security is now effective as both an ISM requirement, as well as an IACS (International Association of Classification Societies) requirement, meaning that both yards, vendors, designers, shipowner, and crew must understand the aspects around cyber security and technical integrity.

Table 2-9 Identified competences from existing literature for cyber security

Cybersecurity considerations and risk management are becoming increasingly critical as alternative fuel systems evolve. It is well-established that cybersecurity incidents can have physical safety implications, which is why they are addressed by the IMO and other governing institutions. The findings presented in Table 2-9 approach cybersecurity on a general level, applicable to all fuels and computer-based systems, rather than addressing risks specific to each fuel. Cybersecurity is recognised as a key competence for future alternative fuel supply systems; however, it will not be further explored in this study.

2.2.3 Task A1 conclusion

The goal of Task A1 was to:

Describe the state-of-the-art concerning current training of seafarers on the use of alternative fuels and energy systems for:

- I. Liquid Natural Gas
- II. Biofuels
- III. Methyl/ethyl alcohols (limited to Methanol)
- IV. Hybrid electrical battery systems
- V. Fuel cells
- VI. Ammonia
- VII. Hydrogen

And create an overview of topics for potential competences from relevant studies, rules, standards, guidance, and recommendations.

The results show that there is wide range of levels of maturity when it comes to existing training and competence requirements for the different fuels and fuel systems. With LNG for example, being quite mature, while hydrogen is less mature.

Additionally, seafarer competence in cyber security is relevant to some degree to all the fuels/fuel systems and while not specifically covered further in this study remains an important theme throughout.

The results presented in A1 will serve as a foundation for identifying new competences and their respective KUPs. This will be completed in Task A2 and A3. With the competences summarised in a catalogue.

3. Task A2 – Competences

3.1 Description

Task A2 focussed on the further identification and substantiation of seafarer competences using the results from Task A1 and subsequent workshops.

3.1.1 Objectives

Task A2 had the following objectives:

- 1. Identifying, justifying, and substantiating new competences for seafarers in general
- 2. Identifying, justifying, and substantiating new, updated, upgraded, amended and/or obsolete competences for engineers

3.1.2 Approach

Task A2 was approached systematically, using the results from A1. The functions outlined in [1.4](#page-24-0) were then used, together with KUPs, and discussed in a series of workshops with experts. These workshops had the goal of producing STCW-style competence tables based on onboard functions and substantiated with KUPs.

New/amended competences were primarily developed through a risk/hazard-based approach, where the primary goal of the competence would be to mitigate a risk/hazard originating from the use of alternative fuels/systems.

Figure 3-1 Task A2 approach

Identified and expanded competences could then be consolidated into a Competence Catalogue, [0.](#page-113-0) The identified competences were coupled to onboard functions, as defined by the STCW Convention, and are as follows:

- Navigation NAV
- Cargo handling and stowage CHS
- Controlling the operation of the ship and care for persons on board OPS
- Marine engineering ME
- Electrical, electronic and control engineering ELC
- Maintenance and repair M&R

The workshops had a structure as shown in [Figure 3-2.](#page-47-0) This was systematically done per fuel/energy system within the scope of this study.

The competences were determined based on expert opinions during the workshops. However, it's important to recognise that these findings are constrained by the knowledge available at the time of the workshops. Consequently, the results should be viewed, not as an exhaustive solution, but rather as an initial groundwork for future development.

Function - Competences were discussed and structured according to their onboard function, namely, within:

•Marine engineering

•Electrical, electronic and control engineering •Maintenance and repair

> **Type of personnel** - Competences were then structured and discussed according to the type of personnel they relate to, namely that of rank and therefore level of responsability. This applies to:

•Masters

•Officers

•Able seafarer/ratings

A1 topics for new competences - Topics identified as potential areas for new competences in A1 were then discussed alongside potential hazards and risk originating from the fuel/energy system

> **New competences -** Additional competences could then be suggested and justified to mitigate these new hazards and risks

Obsolete competences - Competences specific to engineers that could be considered unnecessary due to the nature of the alternative fuel/energy system were removed

> **KUPs** - The new idetified competences were then substansiated using KUP terminology to provide an STCWstyle competence framework

Figure 3-2 Workshop approach

TRAINALTER – FINAL REPORT 3.2 Main results – Identification of Competences

The results of the workshops, identified new/amended/obsolete competences, are presented in the following sections. Each sub-section highlights a table with the identified new competences, as well as justification and KUP elements.

During the study, it was generally found that none of the already existing KUP elements of STCW could be considered as wholly obsolete. The reasons for this are twofold. Firstly, most alternative fuels are not yet fully implemented in the maritime industry, and it will take time before obsolete competences can truly be considered. Secondly, when operating on alternative fuels, it still might be required with redundant fuel systems or back-up conventional fuel systems. For instance, the requirements of emergency generators will still be effective, hence, knowledge of conventional fuel systems will still apply.

3.2.1 LNG

Liquefied Natural Gas (LNG) is natural gas that has been cooled to a liquid state at about -162°C (-260°F) for ease and safety of non-pressurized storage or transport. In its liquid form, LNG occupies about 1/600th the volume of natural gas in its gaseous state, making it highly efficient for transportation over long distances where pipelines are not feasible. LNG is primarily composed of methane, with small amounts of other hydrocarbons, and is used as a cleaner-burning alternative to other fossil fuels, contributing to reduced greenhouse gas emissions. It should be noted that LNG competence requirements are well codified in the STCW Convention and Code and in the IGF Code, [Table 3-1](#page-49-0) draws heavily on this and provides a solid foundation and comparison for the other fuels/energy systems. The results for LNG are based on the DNV competence guideline, DNV-ST-0026¹⁴ (DNV, 2022).

Table 3-1 LNG competences

LNG										
Function	Personnel	A1 topic	Hazards and risk potential	Competence	Justify	KUP Elements				
All	All	Understandin g fuel properties and safety requirements	Hazards intrinsic to LNG as a fuel for personnel, among which: Cryogenic burns Asphyxiation \mathbf{r} Highly flammable (fire and explosion) Rapid phase transition BLEVE	Competence in the general knowledge and understanding of LNG, regarding LNG's properties and health hazards	General knowledge and understanding of LNG are needed for crew to understand the inherent risks associated with LNG	Knowledge of the applicable rules and regulations related to the use of LNG in the maritime sector Understanding of what LNG is how LNG differs from other marine fuels × the relationship between pressure and temperature the flashpoint, lower explosive limit, upper explosive limit, and auto- ignition temperature of LNG what happens when opening a valve used to contain LNG the term "rapid phase transition" the terms "dew point" and "bubble point" in relation to nitrogen and how this affects LNG the terms "boil-off gas" and "vapour buoyancy"				
All	All	Principles and procedures for safe ship operations	Risk of exposure to LNG (asphyxia, low temperatures) Expanding trapped liquid Danger of ignition and explosion of LNG	Competence in taking precautions and measures to reduce LNG-related risks	Crew should understand the risks associated with LNG, its effect on health and safety and be able to take precautions	Understanding of the hazards associated with handling LNG (e.g. asphyxia, low temperatures) the risk of expanding trapped liquid/BLEVE the hazardous areas/Ex-zones on board in relation to LNG and operational limitations in those areas the term 'cryogenic' and the risks it presents for humans how the cryogenic properties of LNG affect standard steel components upon contact				

¹⁴ Competence related to the onboard use of LNG as fuel

European Maritime Safety Agency TRAINALTER – FINAL REPORT LNG Function Personnel A1 topic Hazards and risk potential Competence Justify KUP Elements ■ the safe working procedure for working in the tank connection space Bunker transfer arrangement Knowledge of ■ the maximum loads/limitations of the loading arrangement (vessel side) ■ the movement limitations of the bunker transfer arrangement Understanding of ■ the importance of drip trays being kept free of (rain)water before commencing bunkering (if applicable) ■ the loading arrangement for bunkering LNG ■ the difference between high-pressure and low-pressure gas supply systems (pressurised/atmospheric) Proficiency in ■ estimating the required free space and trajectory for the loading arrangement ■ verifying that fendering does not interfere with the bunker transfer arrangement ■ preparing the line-up for bunker transfer ■ operating the manifold and the strainers
■ running the cool down procedure (if appli running the cool down procedure (if applicable) ■ adjusting valves in a correct manner during the cool down procedure ■ interpreting bunkering transfer diagrams Knowledge of safety and emergency procedures for operation of LNG-specific All All **All** Bunkering Improper execution of the safe Competence to plan, As a safety-critical bunkering of LNG **execute and monitor** operation, the ability of a machinery, fuel- and control systems **the safe bunkering of** crew to conduct the safe **LNG** bunkering of LNG is Bunkering preparations **essential** Knowledge of ■ the acceptable pump rates during the bunker transfer ■ the determining factors for using the vapour return system (if applicable) Understanding of ■ the tasks and responsibilities of both crew and bunkering personnel during preparation and bunkering operation ■ the need for using insulation flanges as opposed to bonding wires ■ the importance of earthing/grounding ■ measures taken on board to ensure proper grounding and static discharge during operations/bunkering Proficiency in ■ determining the condition of the bunker tanks (e.g. safe range of temperature and pressure for bunker tanks) ■ agreeing pre-bunkering formalities and operational alignment between ship and bunker operator in line with port regulations (prebunkering/compatibility checklist, communication lines ■ agreeing on emergency actions in combination with shore in case of emergencies ■ determining the vapour handling capacities of bunker provider and own vessel ■ determining the pressure levels of the nitrogen batteries to ensure adequate supply for the bunkering operation ■ determining the tank sequence for bunkering ■ determining the need for inerting and purging of the filling lines prior to the bunker transfer Bunker transfer

European Maritime Safety Agency TRAINALTER – FINAL REPORT LNG Function Personnel A1 topic Hazards and risk potential Competence Justify KUP Elements ■ principle and method of operation of various types of level gauging systems ■ the likely problems of the various level gauging systems Proficiency in ■ interpreting readings from level gauging equipment ■ performing inspections, tests and routine calibration on level gauging equipment and overfill protection equipment Vapour control Understanding of ■ the methods for handling vapours from cooling down ■ limitations for venting off vapours ■ the return of the vapours during gas freeing and warming up Proficiency in performing a manual emergency vapour release OPS Engineering Ventilation Insufficient venting and ventilation **Competence in venting** Improper operation of, or Understanding of: ■ the critical importance of a functioning ventilation system to ensure ME **and ventilation of an** insufficient, venting and ELC **LNG fuel system** ventilation may cause in provision of LNG to the engine M&R build-up of flammable ■ the importance and the function of air locks and explosive gas ■ the use of positive and negative pressure at various places in the system ■ the importance of relative negative pressure in the gas dangerous areas ■ why vent outlets should be regarded as potential hazardous zones ■ actions in case of ignited vents Proficiency in performing checks related to positive pressure and negative pressure conditions and equipment Double-walled piping Understanding of the importance and purpose of double-walled piping ■ how to handle double-walled piping during disassembling and reassembling Proficiency in ■ performing inspection and leak tests on double-walled piping ■ performing maintenance on double-walled piping OPS Engineering LNG Improper monitoring of LNG **Competence to** The proper monitoring of Control and alarm board ME monitoring temperature and pressure leading **appropriately monitor** LNG fuel systems is Proficiency in ELC to knock-on hazards **the LNG fuel systems** needed to detect ■ interpreting readings from the process control system system M&R potential hazards/issues ■ performing fault-finding related to the control and alarm board early ■ performing troubleshooting related to the control and alarm board Pressure control Understanding of ■ the equipment used for measuring pressure ■ the terms operating pressure, pressure alarm high (PAH) and pressure alarm low (PAL) ■ how to control pressure Temperature Monitoring Understanding of ■ the equipment used for temperature monitoring

Biofuels used in internal combustion engines within this study include:

- Bio-methanol
- Fisher Tropsch (FT) diesel
- **Biomethane**
- Dimethyl ether (DME)
- Fatty acid methyl esters (FAME)
- Hydrotreated vegetable oil (HVO)

It should be noted that biofuel is the term used for many kinds of different fuels with different properties. Some biofuels are identical to conventional fuels and can be treated in the same way. For instance, bio-methanol is chemically identical to methanol produced via fossil energy (fossil methanol) or via electricity (emethanol) and is therefore expected to pose the same risks and hazards. Hence, identified competences for bio-methanol are listed in the section for methyl/ethyl alcohol in [3.2.3.](#page-61-0) Other biofuels exhibit similar characteristics to conventional fuels as well. Bio-DME, being gaseous under normal conditions, exhibits similarities with LPG fuels, while bio-FT-diesel, HVO, and to a certain extent FAME share similarities with conventional marine distillates concerning hazardous properties15. However, it is important for crew to know the specific differences. Long-term experiences using biofuels as fuel in the maritime domain are limited and this uncertainty should be considered. Ongoing studies, such as Project LOTUS¹⁶ (Long-term impact of continuous use of biofuels on vessel operations) are researching this. There are indications of both increased and decreased maintenance needs, depending on the fuel and used and the engine tuned and operated. [Table 3-2](#page-58-0) provides the identified competences for biofuels.

Table 3-2 Biofuel competences

¹⁵ [EMSA Study on Safe Bunkering of Biofuels](https://emsa.europa.eu/csn-menu/items.html?cid=14&id=5119)

¹⁶ [Project LOTUS](https://www.gcformd.org/projects/phase-1c-long-term-impact-of-continuous-use-of-biofuels-onboard-vessels/)

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TRAINALTER – FINAL REPORT 3.2.3 Methyl/ethyl alcohols

Methyl/ethyl alcohols was limited to methanol as a fuel, specifically its usage in an ICE and the surrounding fuel system. The results are presented in [Table 3-3.](#page-61-1) The results for methanol are based on the unpublished competence guideline, DNV-ST-0687¹⁷ (DNV, 2024).

Table 3-3 Methanol competences

Methyl/Ethyl Alcohols - Methanol										
Function	Personnel	A1 topic	Hazards and risk potential	New recommended competence	Justify	KUP Elements				
All	All	General knowledge and understandi ng of Methanol as a fuel Risk awareness. health, and safety	Hazards intrinsic to methanol as a fuel for personnel, among which: Methanol poisoning ٠ Corrosive properties of ٠ methanol Flammability of methanol ٠ Methanol toxicity ٠	Competence in general knowledge and understanding of methanol. Regarding methanol's properties and health hazards.	General knowledge and understanding of methanol are needed for crew to understand the inherent risks associated with methanol	Knowledge of the flashpoint, lower explosive limit (LEL), upper explosive limit (UEL) and autoignition temperature of methanol the potentially fatal level of methanol if ingested or inhaled a. exposure limits of methanol \blacksquare the fact that methanol exposure symptoms may only appear 72 hours after the fact Understanding of methanol and its properties ٠ the material safety data sheet (MSDS) of methanol п. the consequences and behaviour of methanol being discharged into water, ٠ air and on deck (in vapour and liquid form) methanol's corrosive & toxic properties $\mathcal{L}_{\mathcal{A}}$ methanol poisoning, how it may occur, its effects and symptoms ٠ the interaction of methanol with water and how it may cause corrosion and ٠ remain flammable the potential for methanol as a pollutant п.				
			Risk of entering an area п where methanol may have leaked Methanol vapour × accumulation in enclosed spaces Danger of ignition and п explosion of methanol	Competence in taking precautions and measures to reduce methanol related risks	Crew should understand the risks associated with methanol systems and be able to take precautions	Understanding of the risks of entering spaces where methanol may be present a. the risks of working on machinery that contains methanol × the necessity of gas detection and proper ventilation for spaces containing × methanol the restricted areas/Ex zones related to methanol п. the main safety features for methanol specific systems				
			Exposure of personnel to methanol	Competence in personal protection equipment for methanol	Crew should be aware of the application of proper personal protective equipment when it comes to methanol	Understanding of the protective equipment to be used when present in spaces containing ٠ methanol the protective equipment to be used when working on machinery/lines that п. may contain methanol when to use Self-contained Breathing Apparatus and chemical suits when п. the likelihood of being exposed to methanol is high the actions to be executed during a methanol leak alarm regarding personal protection the use cases, importance, and operation of portable gas detection п. instruments specific first aid procedures for methanol, such as avoiding contamination Proficiency in the use of methanol specific personal protective equipment				

¹⁷Competence related to the use of methanol as fuel (not published)

TRAINALTER – FINAL REPORT 3.2.4 Battery-powered hybrid electric & BESS

The competences related to the safe operation, maintenance and emergency management of ships equipped with Battery Energy Storage Systems, including battery powered hybrid electric systems are consolidated in [Table 3-4.](#page-67-0)

Table 3-4 Battery-powered hybrid electric & BESS competences

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3.2.5 Fuel cells

[Table 3-5](#page-70-0) covers the scope: *Fuel cell power systems based on Solid Oxide Fuel Cell (SOFC), the Proton Exchange Membrane Fuel Cell (PEMFC) and the High Temperature Proton Exchange Membrane Fuel Cell (HT-PEMFC) for delivery of electrical and/or thermal energy using LNG, bio-fuels, methyl/ethyl alcohols, ammonia, and hydrogen.* Fuel cells within this scope are limited to the fuel cell itself. While the fuel system surrounding and feeding into the fuel cell is covered by the relevant fuel system sections. The different fuel cells within the scope of this section have different characteristics and properties. These also effect the types of competences required.

4. Task A3 – Ammonia & Hydrogen Competences 4.1 Description

Task A3 focussed on the further identification and substantiation of seafarer competencies using the results from Task A1 and workshops. This Task differed from Task A2 as it focusses on the use of ammonia and hydrogen in ICEs.

4.1.1 Objectives

Task A3 had the following objective:

1. Identifying, justifying, and substantiating seafarer competence areas for ammonia and hydrogen including established competence requirements

4.1.2 Approach

Task A3 was approached systematically, using the results from A1. The functions outlined in [1.4](#page-24-0) were then used, together with KUPs, and discussed in a series of workshops with experts. These workshops had the goal of producing STCW-style competence tables based on onboard functions and substantiated with KUPs.

New/amended competences were primarily developed through a risk/hazard-based approach, where the primary goal of the competence would be to mitigate a risk/hazard originating from the use of alternative fuels/systems.

Identified and expanded competences could then be consolidated into a Competence Catalogue.

4.2 Main results – Identification of new competences related to Ammonia and Hydrogen

The results of the workshops, identified new/amended competences, are presented in the following sections.

4.2.1 Ammonia

The identified ammonia competences covered its role as a marine fuel, specifically, its usage in an ICE and the surrounding fuel system. The results shown in [Table 4-1](#page-74-0) covered aspects around state-of-the-art fuel supply systems using ammonia as a fuel. The results for ammonia are based on the unpublished competence guideline, DNV-RP-0699¹⁸ (DNV, 2024).

¹⁸Competence related to the onboard use of ammonia as fuel (not published)

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4.2.2 Hydrogen

As a fuel hydrogen falls under the IGF code and competence requirements can be drawn from there. Storage and containment of hydrogen has similarities with LNG. The identified competencies and KUPs are therefore focused on additional competencies surrounding the fuel system and storage considering both compressed and liquid hydrogen

Table 4-2 Hydrogen competences

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4.3 Part A Conclusion

Part A aimed to identify and substantiate competences and KUP elements in the style of the STCW Code tables for the fuels/energy systems, this was achieved via the following approach:

A1: Firstly, a state-of-the-art review was conducted to get a sense of the current state of seafarer competence requirements and training for the relevant fuels/fuel systems. By using existing literature, standards, and guidelines, in addition to interviews with experts.

A2: Secondly, a series of workshops, building on the findings from A1, were held to identify and substantiate competences, in the same vein as the STCW Code tables. This was conducted via a risk-based approach, where hazards introduced by the new fuels were linked to potential new competence requirements to mitigate the hazards. All mentioned fuels/energy systems were included here, except for hydrogen and ammonia.

A3: Lastly, a similar approach was taken for hydrogen and ammonia as in A2, but with a more generalised focus on the identified competences due to lack of industry experience with the aforementioned fuels.

Part A has identified the competence needs for the fuels and energy systems covered, namely: Liquid Natural Gas, Biofuels, Methyl/ethyl alcohols (limited to Methanol), Hybrid electrical battery systems, Fuel cells, Ammonia and Hydrogen. These competences are catalogued in Appendix A.

As shown in section 1.5 the first two columns of the STCW table cover the competence and their KUP elements. This was the focus of Part A.

Figure 4-1 STCW table columns

Part B will focus on columns 3 and 4 covering how these competences are demonstrated and evaluated. Namely how to train seafarers in the identified competences.

Part B aims to identify methods for demonstrating competence and propose methods for training in addition to ways of training the future trainers.

5. Task B1 – Methods for demonstrating competence

5.1 Description

Task B1 identifies methods for demonstrating competence, identify alternative ways of learning, and identify how onshore industries treat skill transfer and training for alternative fuels and energy systems, by conducting interviews of Subject Matter Experts (SME). The findings and results from task A1 to A3 which focused on the identification and substantiation of new seafarer competences regarding alternative fuels and energy systems serves as valuable inputs towards Task B1.

5.1.1 Objectives

Task B1 had the following objectives:

- 1. Identify and define current and future methods for demonstrating competence, as well as alternative ways of learning due to the scarcity of available positions on ships with alternative fuels and energy systems to gain experience
- 2. Identify and document how onshore industries treats skill transfer and training for alternative fuels and energy systems in different supply chains, such as production, storage, transfer, and transport. Also, how these industries potentially can contribute to the training and experience gain of seafarers.

5.1.2 Approach

The objectives of Task B1 were achieved through the following approach:

- 1. Review of the current methods for demonstrating competence in the STCW Code
- 2. Preparation of interview guides to identify what methods for demonstrating competence are applicable and useful for alternative fuels and energy systems, as well as alternative ways of learning
- 3. Preparation of interview guide to identify how onshore industries treat skill transfer and training for alternative fuels
- 4. Interviews with internal and external experts according to interview guide
- 5. Gathered information to be analysed and create register of methods for demonstrating competence (section [5.2.2\)](#page-85-0), new technology and alternative ways of learning (section 6.2.2) and contribution of training of seafarers from other industries (section 5.2.3)

Figure 5-1 Approach for Task B1

To provide a solid contextual foundation for the interviews, current methods for demonstrating competence as described in the STCW Code, with a special focus on the IGF Code, were reviewed. The interview guides were designed to gather feedback from industry experts on the methods suitable for demonstrating specific competence, as described in Section [5.](#page-82-0) A total of six interviews with nine interviewees were conducted to discuss the most effective methods for demonstrating competence in new alternative fuels and energy systems.

Considering the identification and documenting on how onshore industries treats skill transfer and training, a separate interview guide was developed. This guide focused on what activities and goals are important for safety of the workers. Two subject matter experts from one organisation that produces ammonia were selected for interview, as ammonia production also needs to consider hydrogen in the process.

5.2 Main results

The overall conclusions related to demonstrating competence are:

- The methods to demonstrate competence currently defined in the STCW Code are still applicable for alternative fuels and energy systems. One potential new method is identified, "Approved case studies and projects", which can be relevant to transfer knowledge from e.g., pilot projects on ammonia and hydrogen as fuel.
- Real-world examples through case studies creates practical insight
- E-learning offers flexible and accessible online education
- VR/AR technologies create immersive and interactive learning experience

5.2.1 Methods to demonstrate competence

The STCW competence tables outlines the mandatory minimum standards and special training requirements for various ship types and onboard positions. Considering Table 1-3 [Example of IMO STCW table structure, using](#page-25-0) Table A-V/3-1 [of the STCW code](#page-25-0) in Part A of this study, Section 1-5 concentrated on Column 1 "Competence" and Column 2 "Knowledge, Understanding, and Proficiency (KUP) elements KUP elements". This section shifts the focus to Column 3 "Methods for demonstrating competence" within each competence area for the alternative fuel technology which is identified in Section 5.

[Table 5-1](#page-83-0) describes the reviewed methods for demonstrating competence, as well as a description of each, which is used as basis for the register of methods for demonstrating competence in Table 5-3. Seafarer competence can be demonstrated through written or oral *exams* (to test theoretical knowledge), practical *demonstrations* of skills, or formal *assessments* by qualified assessors, using any of the methods outlined in [Table 5-1.](#page-83-0)

Note, that not one method is a catch all for demonstrating competence, but rather a combination of different methods may be the most effective. While the STCW Convention and Code outlines the minimum requirements for demonstrating competence, maritime education and training institutions should not be restricted to a single method. Instead, they should have the flexibility to choose the most suitable method based on industry feedback. The intent of these applicable methods is to identify the most effective approach for each specific competence.

In addition to the identified methods for demonstrating competence, the maritime industry needs to search for alternative learning methods for seafarers. When reviewing methods for demonstrating competence, Virtual Reality (VR) was found to be a prominent alternative way of learning, which falls under the category of "Approved distance learning and e-Learning". Conventional simulator training is still highly relevant. However, simulations related to maintenance, bunkering, faults, emergencies and maritime operations are found to be relevant for the new types of fuel. At present the industry may not have dedicated simulator training for ammonia, hydrogen, or methanol, but a range of new simulator variations which may be applicable for such, are being developed.

VR is a technology which allows users to be immersed in an interactable virtual environment. This can be achieved through various interfaces, such as head mounted displays (HMD), or through computer screens. These virtual environments can simulate real world environments with a high level of fidelity, allowing for enhanced levels of immersion and interaction. In contrast to conventional full-mission simulators, the instructor and trainees do not need to be in the same room when doing VR training. Applications could include the use of VR technology on board for ship specific training (e.g., standard operating procedures), as well as distributed learning, where the instructor was located in another city than the trainee.

There are of course some limitations with VR. It only approximates real-life scenarios and may not fully replicate the practical experience needed for certain competences. Most VR applications are designed for one-on-one training, which limits collaborative training opportunities and can be resource-intensive, requiring one instructor per student. In fully immersive VR, users often rely on clunky hand controllers, which do not accurately replicate the

tactile experience of operating real-life instruments, potentially hindering the development of psychomotor skills. Additionally, VR environments with multiple users in different physical locations are highly dependent on low latency and stable connectivity; poor connectivity can adversely affect training.

Training generally aims to achieve competency outcomes, which are best attained through practical experience on board. However, this is not always feasible or practical, especially when regarding the limited availability or maturity of alternative fuelled vessels. A sufficient level of competency is currently, typically, achieved through a combination of:

- 1. Theoretical learning lectures, videos, reading materials
- 2. Simulator training application of knowledge and realistic practice
- 3. Practical experience at sea onboard familiarisation

VR serves as a technological solution to achieve both theoretical and simulator training, depending on its application. The added realism and practicality, relatively low cost, safe and controllable environment, and ease of implementation all underline this. However, it is still a simulation of real-life experiences and cannot fully replace the need for additional practical experience. More practical examples of the use of VR are described in Section [6.2.2](#page-93-0) - New [technologies for training.](#page-93-0)

5.2.2 Register of methods for demonstrating competence

This section presents the findings considering methods for demonstrating competence, integrated into a register. The register describes which methods for demonstrating competence may be suitable for each competence, as described in the competence column in the tables provided in Section 5.

In Section 5, each fuel and energy system is listed individually. Since there are competences which can be applicable to several fuels, the register first presents the methods for demonstrating competence which are applicable to more fuel types than one. Then, if there is a specific competence which is relevant for one fuel only (e.g., competence considering the toxicity of ammonia), the specific methods for demonstrating competence will be described.

The results are summarized in Table 5-2 [Register of methods for demonstrating competence.](#page-85-1) The register does not follow a prioritized order of methods for demonstrating competence, however, it includes a justification for the proposed methods of demonstrating competence, as well as the relevance for type of crew.

Table 5-2 Register of methods for demonstrating competence

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5.2.3 Learnings from other industries

The maritime industry can leverage extensive experiences from the onshore industry, which possesses considerable expertise in the production, storage, and transfer of substances and chemicals. It is important to emphasize the differences in operational environment for ship and shore industries. Ships travels world-wide in an ever changing, dynamic environment, while shore industries are usually static, one-location environments, with the possibility to lean on service and emergency personnel at a short notice. There is also a difference in the processes between production, storage, transfer, and transport. The substances of alternative fuels themselves are

normally in a single state when being transported and stored, while production and transfer operation processes can be more complex. E.g., a substance is only transported in pressurized (or cooled down) liquid form when being stored and transported but can be altered to gaseous form when being produced, to be used in production (of other products/substances) or being transferred.

Ammonia production is used as a use case for this study. An ammonia production plant is a highly complex working environment, where personnel handle not only ammonia but other substances with different hazards and characteristics. Additionally, ammonia production plants produce hydrogen as part of the value chain for other substances, further adding to the complexity. Organisations with such facilities implement comprehensive training programmes to ensure personnel attain the required competence and proficiency for their respective roles. All employees must complete role-specific training before accessing the production area. Upon completion of the training, personnel are awarded a Unit of Competence certification. Detailed procedures define the permissible actions and designated locations for various roles within the plant. The training regime consists of thoroughly mapped competence matrices with separate training modules.

Training is structured around three main pillars:

- The competence required for a specific task
- The level of understanding needed for the dedicated role
- Performance capabilities of the dedicated role

This structure ensures a clear hierarchy of roles within the plant, allowing everyone to understand which roles possess the knowledge and understanding of certain aspects, which roles have the proficiency to manage and modify the plant, and which personnel are qualified to train others. To train others, the dedicated role must have completed the full certification regime specified by the power plant management system. At a specific facility, production operators are organised into a hierarchy based on their experience and certification. A learner must undergo training with a highly experienced and certified production engineer before assessment and certification can take place. The certification process typically begins with a document review of procedures and policies, followed by a walkthrough of P&ID (piping and instrumentation diagram) and other relevant documents, before entering the plant.

After entering the plant, the learner and the trainer discuss the P&ID (piping and instrumentation diagram) of the production line on a theoretical level. They cover what the components in the paperwork look like in reality, how they should function, and the specific characteristics of each component (e.g., pressure, temperature, flow, operation). Each operational task in the plant is described through a thorough and detailed SOP (Standard Operating Procedure). After initial certification as a production plant engineer assistant (a term used here for clarity), the learner undergoes more specialized training with the manufacturer of the production plant and participates in simulator scenarios. This training helps the learner understand how different processes, equipment, systems, substances, and operator actions interact.

The key success factors in such environments, as identified by participants in this study, are the conscious effort to work towards and maintain a proactive safety culture, the commitment from managers and leaders, and the implementation of extensive, highly specified training regimes. There are several learning points that the maritime industry can adopt from the onshore industry's experience with production and storage. These are listed in [Table](#page-89-0) [5-3.](#page-89-0)

Table 5-3 Key learning points to use in the maritime industry

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6. Task B2 – Proposals of structured training of seafarers

6.1 Description

Using the results from Task A and B1, reviews and subject matter experts, Task B2 focused on the identification of future training methods for seafarers on ammonia fuelled vessels, including a proposal for structured training of seafarers.

6.1.1 Objectives

Task B2 had the following objective:

Provide description of proposals of structured training of seafarers in the safe operation of ships using alternative fuels and energy systems.

6.1.2 Approach

Task B2 will outline proposed training for seafarers, with a particular focus on methods for training, such as the adaptation and integration of maritime simulators into the training programmes. Incorporating the findings from B1, A2 and A3, this section will provide a proposal of structured training of seafarers, focusing on ammonia.

The objectives of Task B2 were achieved through the following approach:

- 1. Review of relevant supplementary literature
- 2. Utilizing internal experience on industry best-practice competence
- 3. Investigation of other industries and professional practices which may offer alternative methods and / or equipment for meeting competence need, beyond simulator training
- 4. Validation with SME

The proposal of structured training of seafarers comprises examples of syllabus, schedule, methods for training, required performance, and necessary equipment for conducting such training.

6.2 Main results – Training methods

The following sections outline training methods suitable for training seafarers on ammonia as fuel, laying the groundwork for an outlined ammonia training syllabus. The section discusses 1) traditional training methods, 2) maritime simulators for training, and 3) new technologies for training.

6.2.1 Traditional training methods

Based on the findings from Task B1, training seafarers to operate ships using ammonia as fuel is crucial due to the unique properties and hazards associated with ammonia. The findings underlined the importance of comprehensive theoretical knowledge of the characteristics, safety aspects, effects, and uses of alternative fuels before engaging in more specialised training. Another important aspect of competence relevant with ammonia is behavioural competence, which revolves around soft skills and methods of working and collaborating with others. The maritime industry has been implementing methods to assess behavioural competences through the 'Behaviour Competency Assessment Framework' (Intertanko & OCIMF, 2018).

When specifying ammonia training, traditional training methods, such as classroom lectures and e-Learning will provide a good theoretical foundation. Practical exercises and onboard training, using documentation related to the ammonia fuel system, practical walk-throughs, and table-top exercises are equally essential for enhancing practical competence and safe operations.

These are well established ways of training and suitable for a number of ammonia related subjects. Interviewees highlighted the need for comprehensive understanding of fuel characteristics, and this is perceived not to be covered solely by e-Learning methods. A combination of classroom lectures and e-Learning can expedite the training process. Onboard training and emergency drills, using documentation related to the ammonia fuel system, practical walk-throughs, and table-top exercises are equally essential for safe operations. New fuels, such as

ammonia, introduce new and elevated requirements for crews in terms of operation and maintenance. Combined with more strict regulations and maritime net zero goals, it is expected that an increased number of seafarers need different competences. This implies that future training of seafarers should strive towards efficiency, both in terms of training and costs, while maintaining its primary objectives and, most importantly, ensuring ship and crew safety. Innovative technologies unlock new ways of achieving efficient training. VR can offer efficient and flexible ways of conducting practical training. Furthermore, Task B1 offers some detail on general training as well as methods for demonstrating competence relevant for ammonia. Therefore, Task B2 will not go into detail on all methods for training but rather look at the further adaptation and integration of maritime simulators into training programmes, and investigate additional, technological methods for implementation in ammonia training courses.

[Table 6-1](#page-92-0) provides a general overview of training methods for ammonia training programmes, including examples of use. The overview bears similarities to Table 6‑1, but it specifically addresses methods for training seafarers. It is highly recommended that a combination of methods such as use of classrooms, simulators and interactive learning be utilized to ensure imparting of technical as well as soft skills.

Table 6-1 Training methods for ammonia as fuel

Maritime simulators for training have been utilized for decades and provides an effective method for seafarers to practice in secure and controlled settings. Various types of simulators are in use worldwide, covering subjects such as training for bridge operations, cargo handling and emergency response. The ability to simulate numerous scenarios makes these simulators indispensable for training. Nevertheless, significant challenges include the expensive nature of full-scale simulators and the logistical complexities of organising exercises. At the same time, conventional training techniques often fall short in matching the swift progress in technology and regulatory changes.

Liquid Cargo Handling Simulators, which can replicate the process of shipboard equipment with very high fidelity, are in extensive use in various maritime education and training institutes. This training has been found extremely useful when learners are required to do tasks related to safe handling of liquefied gases as cargo, such as ammonia. In addition, the Trainer can quantify learners' skills using simulators in a very effective manner as they are working either individually or in small teams, mimicking a realistic shipboard scenario. [Table 6-2](#page-92-1) exemplifies tasks performed in Liquid Cargo Handling Simulators.

Table 6-2 Example: Liquid Cargo Handling Simulator tasks

For developing more specific and practical competence on ammonia as fuel, simulators would need to be set up to cover fuel related topics and operations (i.e., pipelines and layout, bunkering procedures etc.). [Table 6-3](#page-93-1) lists examples of such topics.

Table 6-3 Example: Ammonia as fuel simulator tasks

These activities are essential when training seafarers to manage ammonia as a fuel. Another factor to highlight the effectiveness of simulators is that navigation and engineering staff are able to understand their respective challenges, to promote good onboard teamwork. The use of simulators should therefore be strongly considered for these tasks in relation to seafarer training and the development of training programmes for ammonia fuelled vessels. It is however important to notice that simulators cannot replace all aspects of shipboard experience, such as physical realism, environmental conditions, and interpersonal skills, and should be carefully evaluated for the different tasks.

6.2.2 New technologies for training

Innovative technologies offer new training methods for seafarers. Software integrated with cloud computing offers training methods that are safe, accessible, and realistic. Easily available technologies provide cloud-based functionality for remote participation, overcoming logistical limitations of physical attendance. Tools, such as 3D visualisations can allow learners to navigate a ship's design, identify essential components, and execute operational tasks virtually while being located anywhere in the world. This approach can be cost effective and supports repeated practice without jeopardising actual equipment. Interactive programmes and simulators provide flexibility and can be updated to align with the latest standards and technologies, ensuring that training stays current and precise. The technology is already in use and constantly developed.

This ability to push tailored training programmes throughout an organisation, independent of physical location, is called distributed learning. Future training will likely rely even more on simulation and software tools. Given its predominantly computer-based format, this type of training is particularly well-suited for organisations with a substantial remote workforce, such as shipping companies. Established methods like e-learning programmes and digital workshops, when integrated with emerging technologies like VR, can deliver distributed learning in a highly cost-effective manner, safeguarding both personnel and equipment.

6.2.2.1 Extended reality (XR)

Extended reality is an umbrella term describing the immersive technologies VR, augmented reality (AR) and mixed reality (MR). The terms are defined in [Table 6-4.](#page-94-0) These are fast growing technologies that represent the most relevant above-mentioned innovative methods for enhancing training. XR-technologies are already employed in various industries for training and simulation purposes. In the maritime industry, it is used in training navigators and pilots. Furthermore, MR offers opportunities in combining real world (hands-on) training with additional digital input.

Table 6-4 Definitions of Extended Reality

The introduction of XR could significantly change maritime training, providing a more flexible and engaging alternative to traditional training, including the need for conventional simulators. The equipment required is minimal, and in its most basic form, only a computer is necessary. Another example is the well-known use of VR and head mounted displays (HMD) combined with handheld controllers. This facilitates flexibility as it can present any given scenario without additional equipment needed. Combined with the rapidly increasing global satellite coverage, seafarers could utilize the technology from remote locations, all while cooperating and training virtually alongside colleagues. This creates vast new opportunities in sharing experience across large organisations, such as shipping companies.

6.2.2.2 Ammonia as fuel and new technologies

Given the properties and risks related to ammonia as fuel, XR can play a pivotal role in training by offering immersive and interactive experiences that traditional methods cannot match. From interviews with academic and industry experts on the use of VR mentioned, VR training seems at its most effective when training step-by-step processes or procedures, such as starting up and shutting down a system, conducting maintenance or general routine operations. However, VR can also create detailed simulations of ammonia bunkering operations or ammonia gas cloud dispersion, allowing seafarers to practice procedures in a controlled, risk-free environment. This can also include the correct handling of ammonia, understanding its chemical properties, and recognising potential hazards. The technology additionally facilitates simulating ammonia emergency response scenarios and maintenance tasks, providing a safe, realistic and flexible way of training. AR can enhance this training by overlaying critical information onto real-world equipment during hands-on onboard training sessions. This can help seafarers identify and understand the components of ammonia fuel systems, perform maintenance tasks accurately, and follow safety protocols effectively. Additionally, AR/MR can be used to guide seafarers through emergency response procedures, providing real-time instructions and visual cues to manage ammonia leaks or spills, enhancing situational awareness. [Table 6-5](#page-95-0) provides examples of scenarios where XR can be utilized for training.

Table 6-5 Scenarios for XR training

6.2.2.3 Artificial Intelligence (AI)

Artificial Intelligence is an additional rapidly developing technology. It too can play a pivotal role in enhancing seafarer training, ensuring that the crew is well-prepared and competent for the challenges that ammonia brings. This chapter briefly introduces AI and suggests use cases that can be employed when creating seafarer training programmes.

When using above-mentioned XR-technology, AI will be a natural part of powering new types of simulators, increasing realism in training. Advanced AI coupled with simulators can be used to assess the performance of individuals during training sessions and tailor the learning content to address their specific needs. Its predictive abilities are useful when predicting potential risks and issues that may arise during ammonia related operations, thus being a guidance in creating training scenarios, not only the training itself. By analysing data from past incidents and current operations, AI can help identify areas where additional training is needed to prevent accidents. This proactive approach to safety ensures better understanding of actual needs, making seafarers better prepared for unforeseen challenges.

As a training method, providing digital input and predictive analysis to different scenarios, AI can improve organisational situation awareness and highlight areas for continuous improvement. Chat bots especially tailored for an organisation, or a specific need could ensure that seafarers stay informed and up to date with the latest industry standards, promoting a culture of ongoing education and improvement. Chat bot translations can also help overcome language barriers, making training courses easily accessible for a larger audience. The potential future use cases are many, and proposed use cases are listed in [Table 6-6.](#page-95-1)

Table 6-6 Scenarios for AI training

6.2.3 Considerations

While innovative technology, such as XR and AI, offer significant benefits it comes with a few caveats. It is crucial to use the technology appropriately and to ensure that it does not replace hands-on training entirely. It should complement conventional methods, providing a balanced approach to seafarer training. An improved learning outcome is not guaranteed merely by using the most technologically advanced tools. Excessive dependence on XR may result in a disconnection from actual conditions, possibly compromising safety and operational efficiency. The above-mentioned benefits of utilizing VR in terms of realism, immersion, and practicality also presents challenges, particularly with tactile interaction, as HMDs often rely on specific handheld controllers. Good immersion and sufficient interaction may be provided, but the tactile feel of turning a valve, holding equipment or donning PPEs is

not. Furthermore, VR training, especially when involving multiple trainees connected in a single training session over a network can experience technical issues when using unstable internet infrastructure.

6.3 Ammonia training syllabus

Considering ammonia as a fuel, fundamental theoretical understanding of the subject is essential and not to be taken lightly. A comprehensive theoretical knowledge of the characteristics, safety aspects, effects, and uses of alternative fuels must be ensured, and could be best achieved through initial classroom lectures and theory. Therefore, since ammonia as a fuel is a new concept for many seafarers, it is crucial to first impart foundational knowledge about ammonia and its characteristics before incorporating technology into the training.

This section introduces a structured training proposal for seafarers on vessels using ammonia as fuel. The suggested syllabus and schedule provide an outline of the training setup, which may be modified and adapted according to future requirements.

The proposal offers a detailed outline of a course covering basic seafarer competence on ammonia fuelled ships. The recommended duration for the basic course outline is two days. However, an advanced course covering deck officers and engineers engaged in the technical operations of ammonia systems should also be created, with a recommended timeframe of four days. Although the advanced course is not outlined in this document, it should adhere to a framework similar to that of the provided basic course, aimed at seafarers directly involved with ammonia (i.e. engineers). The proposed basic course will largely be subject to conventional training methods. As outlined in section 7.2.3, this necessity arises from the essential theoretical understanding of ammonia and its properties.

The proposed course outline draws on the current Model Course for ships subject to IGF Code, 7.13 and 7.14 Basic and Advanced training for ships subject to the IGF Code, 2019 Edition. The model course has been adapted for ammonia through integration with DNV's Recommended Practice DNV-RP-0699 Competence related to the onboard use of ammonia as fuel. Section [6.3.1](#page-96-0) provides the general framework of the course. While this outline offers an overview of relevant topics and seafarer competence, it does not delve into the specifics of each subject. Therefore, the proposal should be viewed as a starting point rather than a definitive plan, laying the groundwork for the development of a detailed course content.

6.3.1 Basic Course - General outline

6.3.1.1 Objectives

This course outline aims to equip seafarers with a fundamental comprehension of the design and operational aspects of ships subject to ammonia as fuel, including ammonia fuel and storage systems. Additionally, participants will gain an understanding of the physical and chemical properties of ammonia. The curriculum also highlights the significance of hazard prevention, safety protocols, and safety management on vessels using ammonia as fuel. Finally, it includes training on firefighting techniques and emergency response procedures tailored to ammoniafuelled ships.

6.3.1.2 Entry requirements

To ensure that participants are well-prepared and can fully benefit from the training course, entry requirements in [Table 6-7](#page-96-1) have been established.

Table 6-7 Entry requirements basic course

6.3.1.3 Teaching facilities and equipment

This course requires an appropriate classroom equipped with desks and chairs. Furniture should be easily movable to maximize space and support group activities, or alternatively, separate rooms for each group should be accessible. The classroom must include a whiteboard, writing supplies, and equipment for delivering computerbased presentations (PPT, video, etc.).

Gas instruments and PPE should be available for demonstration and testing.

Findings in Task B1 highlights the importance of recognizing ammonia's distinct odour as an early warning of leakage. This could include familiarizing with the odour as a part of seafarer training. However, due to the toxicity level of ammonia, effective training on this subject must be conducted in safe locations and in a controlled environment.

6.3.1.6 Course outline

Table 6-8 Basic course outline

6.3.1.7 Course timetable

Table 6-9 Basic course timetable

6.3.2 Basic Course - Detailed outline

The attached proposal for the detailed course outline highlights the expected performance levels of attending trainees. This outline delineates the necessary competences by detailing the Knowledge, Understanding, and Proficiency (KUP) requirements for each topic.

Certain subjects are further divided into sub-topics to ensure clarity on competency expectations for seafarers operating ships that use ammonia as fuel.

The outline includes KUPs, performance criteria, training methodologies for each primary subject, as well as recommended facilities and equipment for effective training.

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7. Task B3 – Proposal of structured training for instructors

7.1 Description

Whereas Task B2 focus on the training for seafarers, Task B3 will pay closer attention to the requirements of adequate training to instructors that will deliver training on ammonia as fuel and propose a framework that can be used as basis for future instructor training.

7.1.1 Objectives

Task B3 had the following objective:

1. Provide description of proposals of training of instructors' programmes or courses for ships using alternative fuels and energy systems

7.1.2 Approach

To ensure a structured approach, the instructor training course is based on teaching ammonia as fuel. However, the proposed outline can be tailored to any fuel or serve as a general instructor course for alternative fuels. The findings in part B1 and B2 are iterated to serve as input to B3, ensuring consistency and demonstrating their immediate relevance.

To meet the objectives for task B3, the following steps have been done:

- 1. Consolidate findings from B1 and B2
- 2. Identify requirements set in IMO model courses for instructor training (IMO 6.09, IMO 6.10)
- 3. Dialogue and interviews with DNV experts in competence standard development, certification of training organisations and experienced trainers (DNV Maritime Academy, DNV SeaSkill)
- 4. Check requirements in relevant standards and best practice relevant for training for instructors, including:
	- a. IMO Model course 6.09: Training Course for Instructors
	- b. IMO Model course 6.10: Competence of maritime simulator instructors
	- c. DNV-ST0024 Competence of maritime teaching professionals
	- d. DNV-ST-0025 Competence of maritime simulator instructors
	- e. DNV-ST-0008 Learning programmes
	- f. *STCW A-I/6 – Mandatory standards regarding general provisions, Standards governing the use of simulators*
- 5. Customize a course framework, syllabus and course outline, based on IMO Model course 6.09 Train the Trainer.

The course framework and suggested outline includes aims and objectives for the course, entry requirements, description of instructor qualifications, recommendations for course intake limitations, teaching facilities and documentation. An example of schedule and example of detailed teaching syllabi is outlined in section 8.3.3.

7.2 Main results

To ensure compliance with the STCW Convention and Code for training of instructors in the maritime domain it is recommended to build an instructor course on the IMO Model Course 6.09 structure. The purpose of the IMO model course is to assist training providers in organising and introducing new training courses to improve their quality and effectiveness. The IMO Model Course 6.09 clearly states that "it is not the intention to present instructors with a rigid teaching package which they are expected to follow blindly" (page 5). As such, the recommended framework presented here shall serve as a starting point for a train-the-trainer programme, rather than a rigid setup.

Topics covered in the proposed framework below are selected based on the assumption that the course will serve as a valuable introduction for those who have experience as instructors but need additional competence in designing, delivering, and evaluating training for alternative fuels, such as ammonia, onboard ships. The overall goal is to ensure the quality and effectiveness of the training course.

Figure 8-1 illustrates the dependencies and interactions when designing training courses for Ammonia as fuel.

Figure 7-1: Course program interactions and dependencies

The course includes, among other things, a significant component on the use of simulators and VR technology in training. This approach has been a key learning from other industries and is also recommended as a training method in section B2.

While the basic aspects of the learning process, such as: the purpose of training, setting training objectives, learning objectives, and the principles of instructional design and learning psychology are integral to any Train-the-Trainer course, it is assumed that trainees have already received this training in other courses. Consequently, the scope of the course as well as course entry requirements have been established based on these assumptions.

7.2.1 Framework for instructor course – Train the trainer for Ammonia as fuel

The following includes a summary of the course framework, while a detailed outline of the course is presented in section 8.3.

7.2.1.1 Aims and objectives

- Facilitate delivery of training in new competences required for safe operation of ammonia as fuel onboard ships, according to STCW standards
- Shall provide useful induction for experienced instructors, introduce relevant approaches applicable for teaching competence on alternative fuels, and/or serve as reminder of skills and techniques for giving training
- It is not the aim to provide a full IMO 6.09 model course

Course objectives

- Those who successfully complete the course should be able to plan, prepare, and deliver a competence-based course on safe operation for ammonia as fuel onboard ships
- The course shall address effective teaching and instruction techniques, including selecting appropriate methods of instruction and teaching materials and evaluate the teaching and learning process for crew involved with operating ships with ammonia as fuel

7.2.1.2 Course Entry Requirements and qualifications

In general, the successful candidate should have attended the course or programme that is planned to be delivered, thereby acquiring the qualification for safe operations of ammonia as a fuel.

Candidates should possess either theoretical education or practical experience relevant to the course content. Specifically, the following qualifications are considered sufficient:

- **Theoretical Education**: Qualifications such as Master Mariner (STCW A-II/2) or Chief Engineer (STCW A- $III/2$).
- **Practical Experience**: Proven experience in ammonia production plants or similar technical fields.

Additionally, candidates should have:

- Basic training for personnel on ships subject to the IGF Code.
- Completion of the IMO 6.09 Train the Trainer course.
- A professional and trustworthy approach to teaching.

Depending on the use of simulator tools in training, the IMO Model Course 6.10 Train the Simulator training course may also be considered, though this requirement should be evaluated to avoid excluding qualified trainers.

7.2.1.3 Instructors

Instructors shall have experience in teaching and shall have attended a learning programme in instructional techniques. The organisation shall define and implement measures to ensure that all instructors assigned teach and assess in a consistent manner.

7.2.1.4 Course certificate

A certificate or document may be issued to indicate that the holder has successfully completed the course of training for instructors.

7.2.1.5 Course intake limitations

It is recommended the course intake to maximum 10 participants to allow sufficient opportunity for each participant to have adequate theoretical and practical instruction. This is partly due to the nature of the recommended training techniques recommended for competence course on ammonia as fuel, such as many hours of practical tasks, including application of simulator and VR technology.

7.2.1.6 Teaching facilities and equipment

Section B2 indicates that Innovative technology, such as XR and AI, should complement conventional method to ensure a balanced approach to seafarer training. As such, it is important for the instructor training to provide sufficient understanding on the pros and cons of these methods.

As presented in B2, the recommended training methods for ammonia as fuel is as follows:

- Classroom lectures
- Tutorials & Group activities
- Simulator training
- Workshop and On-site training
- Interactive learning.

The instructor training should consider these in the establishment of the instructor course. However, most of the Train the Trainer course should be possible to execute from a classroom facility and preferably with VR / simulator facilities available.

The following training methods and teaching aids are recommended:

Training methods

Teaching Aids

- A1 Audio-visual equipment
- A2 Questionnaire / test
- A3 Instruments / safety equipment
- A4 Documentation (e.g. SDS, manuals)
- A5 Available relevant technology (e.g. XR)

Attention should be given to ensure adequate infrastructure for performing simulation. Furthermore, for the course to be successful, additional staff to execute the simulator training function can be considered.

7.2.1.7 Documentation

The course shall be completed by comprehensive course documentation, including informative text, references, publications, links and checklists. Other material may be added as appropriate.

7.3 Outline of Training Course

Course outline: The table which follows lists the area of *knowledge, understanding and proficiency* (KUP) covered by the course, together with the estimated total hours that are required. An instructor manual should be developed before implementing the syllabus contained in the outline below.

Subject: Instruction of competence-based training for seafarers in the safe operation of ships using alternative fuels and energy systems.

Competence: Teach a competence-based course effectively using appropriate methods and aids relevant for the safe operation of ammonia as fuel.
Table 7-1: Training course outline for Instructor training

7.3.1 Schedule

7.3.2 Model course reference

[Table 7-2](#page-109-0) shows cross reference of subject area and corresponding topic in IMO 6.09.

Table 7-2: Model course cross reference

7.3.3 Example of detailed teaching syllabi

The attached proposal for the detailed course outline highlights the key Knowledge, Understanding, and Proficiency (KUP) requirements for trainees attending each topic identified as essential for teaching the safe operation of ammonia as a fuel. While the KUP list is comprehensive, it is not exhaustive, incorporating both new requirements and existing standards from the IMO Model Course 6.09 and the competence standards for teaching professionals (DNV-ST.0024, DNV-ST-0024). As such, a complete KUP performance requirement for an instructor course should be subject to further review and tailored customization. The syllabi include high-level topics, with certain subjects further divided into sub-topics to ensure clarity on competency expectations for the safe operation of ammonia as a fuel. The outline includes KUPs, performance criteria, training methodologies for each primary subject, as well as recommended facilities and equipment for effective training.

Table 7-3: Example detailed teaching syllabi for Instructor course

In summary, the main objective of the customized Train-the-Trainer/Instructor course is to ensure the quality and effectiveness of the training provided. Determining the final teaching syllabi should be subject to review to ensure it aligns well with the specific training needs of instructors. By tailoring the course content and methodologies to the unique requirements of alternative fuels, such as ammonia, the competency and preparedness of maritime instructors can be enhanced, ultimately contributing to safer and more efficient maritime operations.

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Appendix A Competence Catalogue

The competence catalogue aims to consolidate the competences found as substantiated in Task A1-3. These are categorised by fuel.

8.1 LNG

(DNV, 2022)

8.2 Biofuels

8.3 Methanol (Methyl/ethyl alcohols)

(DNV, 2024)

8.4 Battery-powered hybrid-electric systems

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8.5 Fuel cells

8.6 Ammonia

(DNV, 2024)

8.7 Hydrogen

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